

Limitless Life Experience Podcast

Welcome to the Limitless Life Experience Podcast

Transcript

Welcome to the Limitless Life Experience Podcast with me, your host, Suzy Ashworth. I'm a mum of three, a multiple-six-figure serial entrepreneur, business strategist, Hay House author, speaker, coach and believer in miracles. I help female entrepreneurs like you go from confusion to clarity when it comes to creating messaging that converts browsers into buyers so that you can build a business that makes a real difference in the world and helps you live a life without limitations. This is the limitless life experience.

Yay! We are in and I am in your earbuds and I have started the way that I mean to go on with a little bit of tuneage. Yes, I love to sing!

The reason that I am feeling so excited is that I am *finally* bringing to you my very first podcast series!

OK I feel like I need to back it up immediately there because this isn't *quite* my first podcast series. That's right! In fact, this intro has probably been recorded at least six times over the years and about 3 years ago I actually started a podcast where I even interviewed people that has never seen the light of day.

I know that if you are anything like me, you will have started projects in the past that have never quite come to fruition and perhaps, like me, you have spent time beating yourself up, making yourself feel guilty, feeling not good enough and wondering if you are ever going to get your shit together.

Well, if that is you, I want to invite you right away to give yourself a break and know that every day is a new opportunity to take one small step towards achieving your dreams.

And this is exactly what The Limitless Life Experience is about: my journey to creating a business that really creates a massive positive impact in the world, whilst allowing me to live a life without limitations – the limitless life.

This episode feels particularly special to be recording today not just because it is the commitment between myself and you. I'm looking at this like a contract – this is my agreement to show up and provide you with valuable, actionable tips on building your business. We will focus mainly on messaging, marketing and visibility, alongside the real skinny on the mindset hacks it takes to really give yourself permission to create an abundant life, to create the life that you want to live.

Along the way, I will share my stories and I commit to being as transparent as possible, which means that sometimes it's not going to be all of the nice, glam, shiny stuff. Sometimes we are going to get down and dirty and into the weeds, and I hope that you are up for that!

As I was saying, this episode feels particularly special to be recording today because it is exactly 1 month to the day that I stepped on a plane with two of my three children to head over to Mexico to spend the year and it's been a crazy rollercoaster of a month but I am feeling particularly blessed. So over the next year, you are going to be hearing a lot about the sun, the sea, the surf and I hope that that inspires you to work out and commit to making your dreams come true.

So if this sounds like your jam babe, then head over to Episode 001 for us to get going!

Yay! That is it – first episode in the can! If you enjoyed it and are coming over to visit me on Episode 001, come and let me know over on the 'gram. You will find me on suzy_ashworth. It would be amazing to see some new faces in the F.A.M Tribe. And for those of you who are wondering what the heck is the F.A.M tribe, Suze? It is the Faith, Action, Miracles posse or, as I like to call you, Tribe.

So without any further ado, I'm going to say, 'Adios for now, señorita!', and remember, faith + action really does equal miracles.

PS: Oh my God! I realise I just made that sound like I just left one of my children at home in the UK, alone. Ok, it so didn't happen like that! My husband and my youngest came out a week later but *c'est la vie*, I'm not going to rerecord it!