

The Limitless Life Experience Podcast
Transcript
Divine Self Expression. Are you open to it?

The purpose of each one of us is to remember that we are part of the collective. We are from the field of infinite possibilities.

I'm not going to tell you how you can make six figures in six minutes. I'm not going to tell you that the only reason that you haven't created the ultimate freedom in your life is because you haven't yet launched a membership site. And I'm not going to shame you into thinking that I've got the only magic wand in the world that will solve all of your problems, that you can have for just 60 gajillion pounds, but today, 97 - but only if people in the next few minutes. Why? Well, aside from the fact that it's really freaking wrong and has always been really wrong. Right now, the world is shifting and it is crying out for something new and some people have felt it, some people have heard it, and some people just know that that is truth. My question is Will you be ready. Hold onto your hats, peeps, because The Gateway is coming.

Welcome to the Limitless Life Experience Podcast with me, your host, Suzy Ashworth. I'm a mum of three multiple six figures, serial entrepreneur, business strategist, Hay House author, speaker, coach and believer in miracles. I help female entrepreneurs like you and go from confusion to clarity when it comes to creating messaging that converts browsers into buyers so that you can build a business that makes a real difference in the world and helps you live a life without limitations. This is the Limitless Life Experience.

Hello, hello you gorgeous human being. It is Suzy Ashworth here and this is the Limitless Life Experience Podcast, and I am extremely pleased that you have made it either to this, your first episode, or you are coming back for more.

Today, I have got another quickie for you. You know I like a quickie. This episode is all about what it means to be divinely self expressed. And this came up in a conversation with a client earlier on today, and actually we came at it from a slightly different angle. I was talking to her about being a divine expression of the universe, and that for me... when I think about what that actually means, it just feels so beautiful, and so rich, and so nourishing. Because in the conversation that I was having earlier and what I see often with people when they are not living into their fullest, is this fear around them being wrong as individuals.

Like there's something that's not quite right with me. I just always feel stuck. I'm unable to get past this thing. I just feel like I'm holding myself back, like what's wrong with me? That's the essence and the energy behind all of those statements... like there is something that needs to be fixed. And if you are a divine expression of the universe, that means that you have a very specific part and role to play. And even, even when it doesn't feel like you are in the right spot right now, even if it feels like there is more comfort to be had in my own skin, like I don't feel comfortable in my own skin right now, or I feel like I've got someone else's jacket on... this isn't me. Even that is being divinely expressed, because it's you. Your journey, your path, your ebbs and flows, your depths, your stumbles, your falls, your missteps are all supposed to be happening, because my belief is that the purpose of each one of us is to remember that we are part of the collective, like we are all from the field of infinite possibilities. And when we can remember that we are part of the field of infinite possibilities, what we open up is a life of infinite possibilities, that we get to allow to move through us. So in one of my trainings, I talk about us being both the generator and the conduit. So we have to choose the thought. You know, we have to choose the thing that we desire and when we choose, you know, we create, and that creation either stays in our mind or out in the field or we are able to manifest that into our 3D reality. So the game is really remembering that we can do that as an individual. And every time we stumble, every time we fall, every time we take a turning that takes us away from that remembering, we feel discomfort, we feel deceased, we feel like there is something wrong.

And it's not that there is something wrong in the traditional sense, it's just that we are not living a life in alignment with remembering that we are incredibly, you know, remembering that we're limitless. And that lesson in itself is really, really beautiful. You can't know what limitless is until you've experienced the limited. And so those limits that you have placed on yourself are perfect. And remembering through the disease, the discomfort that there's something not quite right here, but it's also perfect. And then getting to choose to step into remembering on a daily basis, remembering on a moment by moment basis that you are a divine expression of the universe and that there is nobody, nobody that is a match for you. Even if you're a twin, there is nobody that matches you. You are completely, individually unique divine expressions. And when you can tap into that and really appreciate that from a universal perspective. Even as I say it I feel the energy in my feet, because I all of a sudden become so small when I see that I'm just like one of 7 billion individual unique people never to be made a game.

When I can tap into the magnificence and the awe of that space, how can I then sensor what it is I have to say? How can anything that I want to say even in its most ignorant or uneducated, you know, lack of knowing... how can anything I say truly be wrong? You know, I can say something that is not in alignment with the knowing that

I am an limitless individual, and I then get to feel that as the words come out, the energetic misalignment is there and I get to feel that pang, I get to feel that pain of those words that are not in alignment with that knowing. And it's just another signpost for me to redirect, readjust. And that feels really, really beautiful because the path that so many of us are on right now, is that we are closer to knowing who we really are.

There are many people who are still sleepwalking in the other direction, and that's fine. There's no judgment towards them. But this is really encouragement for you to remember. If I am a divine expression of the universe, and there is only one of me and the game is to remember just how limitless I am, what would I choose to say right now if I was going to lean into that limitlessness? Who would I choose to be right now if I was going to lean into that limitlessness? How would I choose to love? How would I choose to serve? How would I choose to hold? And knowing that anything that you say, even if you were to say exactly what I just said would never be the same because energetically, we're a divine expression. There's nobody else that can say what I've said and be me.

You know, there's nobody else that can say what you've said and then be you. And so then all of this staff around, this person copied me or this person's trying to do me, or this doesn't... you know, none of that becomes relevant anymore. It's a really, really beautiful place to be and this is, this is my own personal work is just remembering that, and this is what I am encouraging you to step into. Understanding that you are a limitless creation and knowing that you can tap into that power whenever we choose. And yes, we can make it easier or harder for ourselves, dependent on how much we are willing to clear from our channels in terms of the stories, the thoughts, the beliefs, the experiences that have told us we are not limited and that we are not powerful and that we can't do it. The more that crap we can let go of, the easier it is for us to step into that space.

So I'm going to leave you with that. If you have loved that, please share with your friends. Take a pic, tag me on the gram so we can share the love with so many more people. And please remember that...

Faith + Action = Miracles.