

The Limitless Life Experience Podcast
Transcript
BLM, Oppression, Race, 5D Living and Spiritual Bypassing

And if you were to help somebody see their worth and heal that pain and those stories, and really be able to show them what it is possible to create, and that it's thoughts in your mind that would change the fucking world. And people don't want that.

Welcome to the Limitless Life Experience Podcast with me, your host, Suzy Ashworth. I'm a mum of three multiple six figures, serial entrepreneur, business strategist, Hay House author, speaker, coach and believer in miracles. I help female entrepreneurs like you and go from confusion to clarity when it comes to creating messaging that converts browsers into buyers so that you can build a business that makes a real difference in the world and helps you live a life without limitations. This is the Limitless Life Experience.

Hello. Hello you gorgeous human being. It is Suzy Ashworth here and you are listening to the Limitless Life Experience Podcast.

I have got a really, really special episode for you today. It is really short and really sweet, but it really gets to the crux of an incredibly important conversation. So this episode is an excerpt from a Q&A session that I had with my program, the Gateway, and in that program, we discussed all things metaphysical, all things woo, the quantum field 5D perspective and living, and the difference between 5D living in 3D living. And it was an incredibly beautiful, expansive program. And at the same time, we did this program, not only in the middle of a worldwide epidemic, but it is also when George Floyd was murdered by police in the States. And what has been brought to the fore in a way, way, bigger way than it has been done in a long time when it comes to the civil rights movement and talking about equality for people of color on a global scale... talking about life and the way that I and other spiritual teachers talk about life can be very triggering and there can be a lot of spiritual bypassing.

And what has been so useful for me teaching this subject during this time is it really forced me to analyze what is it that I am speaking? What truth am I telling? Is this the truth? Is this bullshit? Is this, you know, what is going on here? And during this Q&A, there was a very powerful question asked, and it gave me the opportunity to share the things that I have been thinking and talking about when it comes to co-creating your reality with the universe and privilege and oppression and context. And all of

these things I think are often bypassed when we're having these conversations. So please have a listen to this episode, excuse the fact that the sound quality isn't the same as usual, because this was just happening on a zoom call, but I would love to know your thoughts and opinions on this subject matter. So hit me up in the DMS lever of you on iTunes. If this speaks to you and you know that more people need to be hearing this conversation and having this conversation. So without any further ado, I am going to stop talking and let you listen. And I don't say at the end of this conversation, but I'm going to say it here. So please remember that it's Faith + Action = Miracles.

Question:

If we're talking about the law of attraction, then why is there so much pain and suffering for innocent, good people in the world? I saw a Stephen Fry video on this once and it really got into my head.

Answer:

Okay. Law of attraction is not about good or bad. It's about frequency. It's really important. It's not about if you're a good person, then you will manifest lots. And if you are a bad person, you will not manifest lots. So that's really important. In relation to this specific question, and the reference to Stephen Fry. Stephen Fry is a really famous atheist. And what I believe that he was talking about is not necessarily Law of Attraction, he's talking about God. You know, if God exists, why would he create a universe where there are bad things that happen to good people? That's what that question really is. Law of Attraction is neutral. You know, we're attracting stuff into our lives all of the time, it's not about good and bad. So that is important.

I believe that that question is really about God. And if there was a God, why would God create pain? If somebody grows up in a household where they are told that they are nothing, and they are worthless, and their life is worthless, and they are worth nothing. How is that person energetically going to feel on a day to day basis? If you grow up in an environment where there is lack all around you, and everything that you hear, all of the evidence that you are presented with is that this is not an abundant universe, and there is nothing around you, and nobody's ever going to look after you. How are you going to feel and be energetically? The context of where somebody grows up and the information that they have presented to themselves day, after day, after day, after day fucking counts.

And I feel, I feel very passionate about this because when you take this into and you can apply it to anything, but when you talk about this in relation to Black Lives Matter, right now. I have very strong opinions about things like giving people money to say 'sorry for the abuse'. You can give somebody as much money as you like, but if inside you still feel like a worthless piece of crap or a second class citizen, then that's not going to help. Healing from the inside out is what changes somebody's ability to be able to receive and know that they are worthy.

And it comes back to what I was saying like at the beginning about love being the most transformative power on the planet. Collective consciousness is a thing. So I talk about you as an individual, having a choice, and you getting to choose on a day to day basis where you want to operate. And I talk about your environment, being in a community like this being really, really important, but mob mentality is a real thing. The collective consciousness, what we have been told is right or wrong, or black or white, or truth or lie is a real thing.

And you as an individual right now, we are in such a weird place with the deconstruction of structures that have been in place for centuries - if not since the beginning of time - that have told us this is truth, this is truth. And all of a sudden this veil has been lifted in the space that has been created by this disease that has got every single person, whether they think like you or not, everybody's world has been shaken by this space that has been created in this lockdown. And for all of the pain and suffering that there is in the world, in my humble opinion, the crumbling and the forcing of people to look at who they are, and what they think, and the dismantling or what you think is true, and the questioning of what you think is true, and what you think is not true... is the biggest gift that is planet has ever had. Law of Attraction is not about no bad things ever fucking happen. We are human beings living a human experience. And if you are trained and programmed to think in a certain way, as we all have, as we all have, it takes a lot to unlearn. And so I think why this subject makes me feel emotional because I think that so many people have been so disempowered for so fucking long and that disempowerment benefits so many other people. And if you were to really help somebody see their worth and heal that pain and those stories, and really be able to show them what it is possible to create - and it starts in your mind - it would change the fucking world, and people don't want that.

So many people do not want that. And so I'm really glad that you asked the question because I don't take the answer lightly. And I think that the biggest problem is that in many, with many people talking about the Law of Attraction, that context is not considered, and context is fucking real, but it doesn't mean that love is not. And it doesn't mean that it is not the most powerful, powerful tool on the planet. And it doesn't mean that loving yourself first is a luxury. It doesn't mean that knowing your worth is a luxury. It's not. It's an absolute necessity.