

The Limitless Experience Podcast

Are you making space for it

Transcript

Suzy: [\(00:02\)](#)

Are you actually saying I'm willing to let something go in order to create space in my life for more joy.

Welcome to the limitless life experience podcast with me, your host, Suzy Ashworth. I'm a mum of three, seven figure serial entrepreneur, Hay House author, international keynote speaker, quantum transformation and embodiment coach and believer in miracles. My superpower is helping female entrepreneurs, like you, create six figure breakthroughs in your business fast so that you can expand into limitless living and create an incredibly positive difference in the world. In this space, you will hear me talk all about wealth, yourself, spirit and impact. This is the limitless life experience podcast.

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Hello hello hello you gorgeous human being. It is Suzy Ashworth here, and you are listening to the limitless life experience podcast.

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And I have got a quick and dirty one for you today. My question for you is, are you making space for it? I'm going to ask you that again. Are you making space for it? And yes, the it, is the thing that you have been saying that you want to do. The thing that you desire to have, the person that you desire to expand into, attract, anything. It is anything that you are saying that you want, but don't yet have, or embody, are you making space for it? It's such a simple question. And I know that for the majority of you listening to this, when you get really, really honest with yourself, the answer is no. It's like, are you creating space for more joy in your life? You know, you say that you want to laugh. You say that you want to feel happier, but are you making space for happiness to come in? Or are you going to bed really, really late, absolutely shattered because it's the only time that you can work after the kids have gone to bed, then waking up really, really late because you're knackered because you've gone to bed really, really late. And then during the school, one getting back to work, doing like, are you actually saying I'm willing to let something go in order to create space in my life for more joy?

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I want to write the book. I'm writing the book. We all know. We all know that I have a relationship with this one, but are you making space, creating time to write the book? I want to find the love of my life, but are you even on a dating site, sending any messages, doing any other things? Like it really doesn't matter. I want to increase my rates. Have you created a product where you feel really aligned and at ease with charging more? Do you need to let the product go in order to create space for that newer, higher ticket thing? If this is, if the answer is no, your

homework for today is so simple. Take a minute, sit down with your book and a pen and ask yourself, what are you willing to let go of in order to create space for the thing that you desire. And then let go of the thing and get very intentional about how you are using your time to consciously and actively, proactively, create, call-in, step in, embody, learn, whatever it is.

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The thing that you said is important to you. And then let me know how it goes. I'd love to know what you are committing to creating space for and bonus points if you declare it publicly, come over to the quantum success hub for female entrepreneurs and let us know in there what it is that you are making space for, so we can witness you, not just me but everyone, can witness you saying that it is game time, baby game time. Right I love you, have a magnificent rest of your day, night, evening, whatever time you are listening to this. And I look forward to being in your earbuds next time. And in the meantime, please remember that faith plus action equals miracles.

Faith + Action = Miracles