

The Limitless Experience Podcast
That time when someone stole my work
Transcript

Suzy: [\(00:01\)](#)

At any time where I feel that superiority creeping into my words, to my actions, to my behavior, because I know that that comes from a place of being separate, I am better than you. Welcome to the limitless life experience podcast with me, your host, Suzy Ashworth. I'm a mum of three, seven figure serial entrepreneur, Hay House author, international keynote speaker, quantum transformation and embodiment coach and believer in miracles. My superpower is helping female entrepreneurs, like you, create six figure breakthroughs in your business fast so that you can expand into limitless living and create an incredibly positive difference in the world. In this space, you will hear me talk all about wealth, yourself, spirit and impact. This is the limitless life experience podcast.

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Hello hello hello. You gorgeous human being. It is Suzy Ashworth here, and you are listening to the limitless life experience podcast. How are you? I hope that you are doing so freaking well right now. So I am feeling good, actually. It's really interesting. I have been feeling really good for around the last month or so. I think I shared on the podcast that I had a really kind of sticky start to the beginning of May and we got to around the 18th and I felt like I was coming through the other side, which was, well, it was a relief. Let's put it that way. It was a relief and I have managed to stay pretty consistent actually, which feels super good. And there have still been challenges because that's life, right? And I think that this is one of the things that I want to make really abundantly clear.

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I think it's one of the biggest mistakes that people make when they spend time investing in their energy, in understanding what expansion means and really being intentional about the life that they want to create. Sometimes they think that that is going to mean that things don't go wrong, that there aren't challenges, that they should be able to deal with all of the things in their stride, because they've been working on their energy man. And it just isn't like that. You're always going to face difficult situations. They just, they don't go away. I think that our ability to bounce back, I think that our ability to be more objective, to respond rather than react improves the more of this work that you do, but it doesn't stop negative or challenging things happening. And at the time of recording this, I am coming off the back of discovering that somebody had used my content word for word, emoji for emoji, in one of their marketing campaigns, where they were selling something that looks very, very similar to my 21 day wealth frequency playbook.

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And when I looked at their sales page, it looked very, very similar, bar a couple of words being changed here or there, they had taken my sales page. And my first

response to this was I want to name and shame this person because I don't want people investing in her product, thinking that she is going to be able to facilitate an experience that she can't because she is emulating what it is that I have done. And that feels ethically wrong. Now, whilst I don't think in and of itself, there is anything incorrect about that statement. I do know that it was coming from a place of, I will show you. It was coming from a reactive, angry don't mess with me. I will show you, are you messing with me? Do you know who I am? The underlying energy of I'm going to do this.

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And after talking to some friends and some mentors, I decided that I wasn't going to do this, but I did end up writing a post. And I put it in all of my places, personal page, in my group, on Instagram, really just calling this person out. And I suppose it was a flare gun to anybody else thinking that they would be able to lift my content without me finding out and me being able to express myself without kind of going all in. And what was interesting was what came up for me after I had made the post. And I'm really sharing this from a perspective of, I don't have the answer and this is really me just exploring what my own self-leadership gets to look like. And I'm doing it in public. I did have a conversation with one of my private clients about this because she was asking me how I was feeling.

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And my initial response was fine, I'm fine. And energetically she knew that there was more going on. And so I shared what I am about to share with you. Because if you look through my Instagram and if you've listened to the podcast, you'll know that I am on a journey. And that journey involves me really taking radical responsibility for how I'm showing up in the world. It involves a deep level of self-leadership and me being really aware of when I am out of alignment with my desire to be leading myself in the highest integrity, to the vision that I have for what it is that I want to create. And I'm not going to lie. It happens frequently because I'm a human being and I'm like at the start of this journey. Like I am a baby on this journey. And I'm really okay with that because even in the baby steps that I have taken, I have experienced a huge amount of expansion that I know is helpful and beneficial to the people in my community, including you that get to listen to the steps I've taken and hear the realizations and insights that I have.

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And during my sticky period, at the beginning of May, there was a lot of conflict going on and I was being triggered left, right, and center. And in the comedown of all of this heightened energy, I wrote a post saying at the core, there is no separation and there is no spiritual hierarchy. You know, when the body dies and our spirit returns to source, the Dalai Lama and Jesus and whoever else you believe in, like everybody else is just connected. There's no, I'm on level two of spirit. I'm on level three of spirit. That kind of level idea feels like a very egocentric way of looking at spirituality. And I think that it enables people to separate themselves still. It enables people to be very self-righteous, oh, I am more enlightened than you my

darling, Oh, I am more evolved. Oh my goodness. I can't believe that you think like that, you know, when are you going to wake up and stop being one of the sheep or all of that?

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I can't. Like I am actively trying to catch myself or at any time where I feel that superiority creeping into my words, to my actions, to my behaviours, because I know that that comes from a place of being separate. I am better than you. And at core, there is no separation. And I really, really believe that, that is my truth. And you'll also know if you've been listening to the podcast. You know, I've been reading re-reading the power of now, which has been such a incredible revisit for me and Eckhart Tolle talks about the fact that we all have this pain body and the pain body is the, are the emotions that are stuck within our physical and energetic field that when activated cause us to react in, often like negative ways, and we have our individual pain bodies, this is what happens.

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This is what is activated when we are triggered and we feel angry or go into judgment or fall into shadow behavior. And then we have the collective pain body. And this is what we, you know, we saw activated on a global scale during the pandemic for various different reasons. And when your pain body is activated, you go into either victim mode or perpetrator mode. You are either the victim or the oppressor. And when you're in either of these two modes, you're really coming from that place of separation. It's the ego saying, you are separate, you are being persecuted or you are going to be the persecutor. And this idea of connectedness and unity completely goes out of the window. And after I wrote the post, which felt controlled, felt very, okay, this feels like a fair teaching to share. And I absolutely believe in sharing what I'm learning.

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There was an awareness that came up for me that even though I wasn't "playing the victim", every single time somebody commented to say how outrageous this was, I got to compound my righteousness and I got to compound and strengthen. I'm like, she's wrong. And in the compounding of that righteousness, what I was really doing is creating more separation. And for me, as I said, this is a real, this is a self-inquiry that's happening out loud. And I think that it is anybody who is doing anti-racism work and anybody who is also interested in spirituality, anybody who is committed to embedding themselves in the reality of what is happening in this world across multiple different facets is asking themselves this question, how do I reconcile the knowing that at the core, there is no separation. And yet in my human experience, there are things that are wrong.

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How do these two things work together? And interestingly, just as I'm speaking with you, what's coming through is the awareness of the importance of speaking truth and the importance of acknowledging wrongdoing, inequalities, and lack of equity

in this world across all different formats, presentations. There is a requirement of acknowledging what is going on. And there is an, and, and that and is about understanding that every piece of anger, every wrongdoing, every misunderstanding, small or large comes from this misunderstanding around connectedness and unity and separation. Everything. And as I'm considering this talking with you, it's reassuring the answer isn't complete, but it's really reassuring that what I'm understanding that the two things are not in conflict because yesterday I felt conflict in me sitting in a seat of righteousness and knowing that I am promoting separateness when I know that that is not helpful when it comes to creating an existence where we are able to work together, if I'm really, if I'm holding onto it, if I'm attached to it, that isn't helpful.

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What is way more helpful is knowing that I get to call out injustices. And then I get to be part of the solution in fixing those injustices. And part of, part of the solution is knowing that our job is to, my job, my role in this lifetime right now is to highlight again and again and again and again, that you do not need to steal, that you do not need to feel superior. You do not need to be scared. You do not need to feel unsafe because you are fully supported. At the core there is nothing wrong with you. At the core, there is no scarcity at the core, there is no lack. And the more people that understand this, the less attached they will be to holding on for dear life to their thing, whatever their thing is, they will be less afraid of their identity, that they are so deeply attached to.

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The external manifestation of their identity being crushed, you know, because of this person's doing this or that person said that. And the more aware each and every single individual can become the more society gets to change. And I really, I really say this from a place of, as I say, self-inquiry right at the beginning of my journey of learning, really trying to work out what is my role and understanding that each and every single one of us has a role that is unique to ourselves. I'm not supposed to be doing your job. You're not supposed to be doing my job. I'm not supposed to be doing Rachel Rogers job. I'm not supposed to be doing Rha Goddess' job. I'm supposed to be doing my job. And this podcast sharing my learnings as I'm going, whilst reserving the right to learn more, educate myself more, understand more, and then share more, is my work right now. So I hope that you have found this mildly interesting. If you have, if it has created some questions for you, if it has helped you with some of your own ah-ha's and awarenesses, please hit me up on Instagram. Let me know. If you'd think that this podcast is worth listening to please leave us a review, if you haven't done so already on iTunes, I'd really appreciate that. And in the meantime, please remember that faith plus action equals miracles and I am here for all of them. I love you. Bye-bye.

Faith + Action = Miracles