

The Limitless Experience Podcast

Your relationship with 'but.'

Transcript

Suzy: [\(00:01\)](#)

When I'm talking about success, what I'm talking about is peace and alignment. Alignment with knowing that you are living into your fullest self. And when you're living into your fullest self, you get paid as well.

Welcome to the limitless life experience podcast with me, your host, Suzy Ashworth. I'm a mum of three, seven figure serial entrepreneur, Hay House author, international keynote speaker, quantum transformation and embodiment coach and believer in miracles. My superpower is helping female entrepreneurs, like you, create six figure breakthroughs in your business fast so that you can expand into limitless living and create an incredibly positive difference in the world. In this space, you will hear me talk all about wealth, yourself, spirit and impact. This is the limitless life experience podcast.

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I have called this your relationship with but, and really it's your relationship with but, but it is also your relationship around trusting yourself. And it is your relationship around money and it is your relationship around worth. So we do, we have lots of different coaching calls. And last night I was on a coaching call that I don't usually attend, I was having a little bit of a nosy. And it's one of our mindset and momentum calls. And one of the ladies that was speaking, she was talking about how she is about to launch a retreat and she has got a high profile celebrity chef who is going to be cheffing on this retreat. She's super exciting. And at the same time, she was also saying, like, I don't really know what to charge. I feel confused about it. Like I've got this big celebrity chef here who is used to getting paid for a time, used to be getting paid for energy.

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And you know, I want her to get paid, but when it comes to me, I don't really value money that much. And I'm not really that bothered about it. And I'm not really sure where I should be pricing it because... and I was like, did you just hear what you just said? This person over here deserves to get paid a lot because she is a big celebrity chef and me over here, I'm kind of happy to work for free. What is going on there? Why is it okay for this person over here to be receiving lots, to be worthy of receiving lots, but when it comes to me, I, you know, I liked the idea of earning money, but I'm not quite ready to ask for it. And I kind of feel a little bit off receiving it. How many of you relate to 'I'm okay with money.

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I'm okay. And I can see that person over there and they are flying and that's amazing, but when it comes to me, I don't feel comfortable increasing my rates. I feel a little bit awkward asking for more. It just hmmm, I'm just not quite there yet.

When it comes to me.' This is so important. Many of the people that I work with before they come into our containers say things like money is not my motivation. I do not value money. It's just not that important to me. There are way more important things in this world than money and how do you justify it that it's not okay for you to ask for it? Here's what I want you to. Here's what I want you to really, really hear. As I was driving back from dropping the kids off at school today, I had the biggest rush of gratitude and appreciation for my three beautiful, healthy, gorgeous children.

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There is nothing more important in the world to me than those three kids. There are so many things that are more important to me than the size of my bank balance. And I believe that that is right, and. So there are so many more things that are important to me than my bank balance, and. What I know to be true is that every single time I get paid, it means that I'm helping somebody. Every single time I get paid, it means that I'm helping somebody. And because I charge appropriately, I am able to replenish and help myself in ways that allow me to show up infinitely, infinitely more powerfully and infinitely more impactfully because I get paid well. I am able to replenish myself in ways that enable me to show up like this, show up like I did yesterday for free, show up like I am today and how I do most Thursdays for free, to show up

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whenever I have a message that I know lots of people should hear. I'm able to do that because I get paid well. I would feel way less able to do this if I, in the back of my head, was worrying about how I was going to pay the bills, how I was going to increase my savings, how I was going to pay off debt. If every time I showed up, I needed somebody to book, the energy and the power and the impact would be way less. Does that make sense? So there are way more important things than money and because I get paid well, I am able to show up with infinitely more power and impact. So those two things I really want you to hear me. You can be somebody who has a huge, huge, huge, huge heart who cares so, so deeply and get paid.

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So that is one. Story number one. Story number two, when it comes to building your business and setting goals and intentions and visions and missions, many people don't really believe that it's possible for them to achieve their soul's desire. And that is a big one. Many people do not believe that it is possible for them to achieve their soul's desire. They say, I really, really get it Suze, when you speak, I feel it in the depths of my bones, I feel the tingles in my feet and my fingers. Like when I hear you speaking, I feel so activated. I believe, I believe, I believe. I believe it's possible for you. I believe it's possible for her. I believe so much is possible for them. And what they don't say is, but I'm not sure that it's possible for me. Now even though people aren't saying that I know that is what they are thinking because of the way that they are acting, because of the way that they are behaving, because of the way that they are charging, because of the way that they lower their standards for

themselves. And when I say that, I really don't. I say it not from a place of 'you've got to lower standards.' It's not from a judgmental place. It's from that place of, I'm just gonna compromise today. I'm gonna reduce myself. I'm going to reduce my dreams. I'm gonna delay myself. I'm going to delay my dreams because even though I believe,

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I believe, I believe. I believe in you, I believe in her, but I'm just not quite sure if it's possible for me. I want you to ask yourself the question. If I could be certain that I could achieve everything that I know that my soul wants right now, if I could be certain, I know I would do things a little bit differently today. If I was certain, I know that I would do things just a little bit differently today and maybe it would be a little bit differently or maybe let's be really real, I would do things a lot differently, if I could be certain. Here is the thing, all the while you're holding yourself back, you are delaying the opportunity and the possibility of you living into something so much more magnificent. How this shows up is the, is in 'yeah, but yeah, I get it. I get it. I want it.

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I'm doing it. I believe in it, yet, but, I get it. I want it. I believe in, I believe in myself, but not today. It's not quite convenient. I don't have enough time. This feels too much. It feels too much. I'm too much. This dream is too much. There are people who have dreams all the time and they don't make it. And what if I'm one of those people. So therefore I'm going to take a step back. I'm just going to wait and I'm going to feel into the energy of success. And when I feel the energy of success and that perfect time and the stars align. And I just know, then I'm driving to take the next step in September. September is the time that I know I'm going to be certain. I'm going to be certain in September that I am not going to fail.

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September is my time Suzy, it's my time.' Now the issue, we talked about the issue is that you don't believe that, you don't believe that September is the time that you're going to believe in yourself and the stars are gonna align. And, and that's going to be the perfect time. And that's when you're gonna make the move. You don't believe that. Some of you don't believe that on a very, very conscious level. Like you're very aware that you are literally just lying to yourself and other times it's way more subtle, but the energy of the lie is alive in your cells. It's alive in the way that you talk, it's alive in the way that you charge, it's alive in the way that you message and market, it's alive. And so what happens with the energy of that untruth permeating everything that you do, the evidence that you all you're looking for, the evidence that you're looking for, that you're going to succeed is not there because your energy is off because you're living with the energy at the untruth permeating, everything that you do.

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Does this make sense? It's why you have, we have, I have people like literally for months and months and months, and months, and months, and months and months saying next time, next time, next time, next time, next time, next time. Because they're looking for this evidence that says it's safe to jump, the certainty that you're looking for is going to present itself in the next couple of weeks, then you're going to know, and then you're going to be able to take the next step. But it doesn't happen because it's impacted by the untruth. Like everything I think it's just slightly misaligned. So tomorrow never comes. Does that make sense? So who are you showing up as now? There is literally only now for everybody. So who are you showing up as now? Because who you're showing up as now, today is going to impact who you're showing up as now, tomorrow in the tomorrow.

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And then I have to say that, and it makes sense, but I know you get what I mean. Who are you showing up as now? It's impossible to trust yourself when you are living in the energy of the untruth that you don't believe that you are capable or worthy, or it's possible for you to achieve what it is that you want. And I talked about this last week in the high ticket selling, it's all available for you. The failure is available for you and the success is available for you. And the peace is available for you. And the alignment is available for you. When people say, this is really this, this what I just said, there is really, really, really important when I'm talking about success, what I'm talking about is peace and alignment. Alignment with knowing that you are living into your fullest self. And when you are living into your fullest self, you get paid as well.

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You get paid as well. And so the question gets to shift into, am I willing to trust that it is possible for me now. And if the answer to that question is, no, I want you to think about how long are you willing to keep living into the experience of no and not trusting yourself? How long are you willing to live in that space, in the space that you've come into today. And here's, what's really interesting is that I know that loads of you, many of you are like, you know, life is all right. I wanted to trust myself to go any further, but not my life is alright. If you are willing and living into alright feel good, like really knock yourself out. But if living into alright, if living into the energy of the lie, that I will be certain in a week, two weeks in a month, I'll be okay. I'll be certain when all of the stars aligned, I'll be certain when the evidence that is possible me to succeed. If you do not like living in that energy, then what gets to change today? What decisions do you make today that are in alignment with the belief that not only do I believe in Suzy, not only do I believe in hard and not only do I believe in them, but I believe in me. What decisions get to shift today in alignment with that belief now. Right, love you mwah. Take it easy. Bye.

Faith + Action = Miracles