

The Limitless Experience Podcast

Are you limiting your visibility?

Transcript

Suzy: [\(00:02\)](#)

The reason that I have experienced the expansion is that I'm willing to revisit things that seem obvious. I'm willing to revisit things that we feel foundational, with the lens of experience.

Welcome to the limitless life experience podcast with me, your host, Suzy Ashworth. I'm a mum of three, seven figure serial entrepreneur, Hay House author, international keynote speaker, quantum transformation and embodiment coach and believer in miracles. My superpower is helping female entrepreneurs, like you, create six figure breakthroughs in your business fast so that you can expand into limitless living and create an incredibly positive difference in the world. In this space, you will hear me talk all about wealth, yourself, spirit and impact. This is the limitless life experience podcast.

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Hello hello hello. You gorgeous human being. It is Suzy Ashworth here, and you are listening to the limitless life experience podcast. And this is going to be a quick and dirty episode for you today. I want to talk to you about your willingness to be seen. And I shared recently in a newsletter, how I had been really limiting my visibility, which I know to the outside world might feel crazy because if you're in my community, it might feel like I am everywhere and in all of the places. But the truth is that there is so much that I want to say that I don't say, and there are so, there's so much of me that I want to share, but I don't share for fear of judgment. for fear of saying the wrong thing, for fear of being isolated and excluded and all of that jazz, you know what I'm talking about.

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And I had this realization that for me, I know that the next level in my business requires me to release the shame, the guilt, the fear of judgment, the fear of being too much and the fear of not being enough. And what this means is that I get to connect more deeply to the mission and the vision. I'm not going to apologize for the fact that you will hear me say this ad nauseum, because I am looking to embody it at a deeper level. And for me actually voicing what it is I want to create repetitively, works really effectively when it comes to creating my reality. And so being part of a tidal wave of positive impact and creating a legacy that touches people who might not ever know my name, that gets to be not just something that I say in a team meeting once a month or once a quarter, it's something that I'm leaning into every single day.

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And I'm going deeper with every single day. And what that looks like right now is me allowing myself to be seen and me sharing my message from a place of knowing

that I am worthy and valid just as I am. And I really hope that you are hearing this from this place of me running a multi-million pound business. This is the upgrade. It makes me laugh when people are like, I don't need mindset work, I've done all of the work that I need to around money. I've done this course. I've done that course. And they are struggling to hit 10 K months, 20 K months, 30K months. I think to myself, the reason that I have experienced the expansion is that I'm willing to revisit things that seem obvious. I'm willing to revisit things that feel foundational with the lens of experience, knowing that there is always something that you get to tweak.

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There is always another layer that we can let go of. There is always something that we can, that we can yeah, just release. There's always something. And I know, again, for some people that that might sound or feel exhausting, for me it's not, it's exciting because I do not want to limit my impact. And I know that as I really set the intention of allowing myself to be more me, which actually, even as I'm saying those words, I was actually saying this in January, you know, when I talked about limitlessness, I talked about being all of yourself. I talked about the fact that we are the universe and nothing, and the universe, and nothing, and the universe, and in our being of the universe, we are all things. So how much more of myself am I going to allow through? That's the thread, we are back here.

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And I'm seeing it presented to me in different ways, because I still haven't learned the lesson. I'm teaching the lesson but I haven't quite learned the lesson. And that's the other really beautiful thing is that when I say I'm teaching the lesson, but I haven't learned the lesson, I've learned the lesson to the limit of which I am at right now, but I just know that there is more for me to access. So I share this from a certain level of embodiment and my external circumstances are proof and demonstrate that I have got this to a certain level. And this episode is me saying, and there's more and it feels exciting to really just see where I can take the filter off just a little bit more and know that as I do that, I can't help, but impact people in a deeper and more profound way, which is what my intention is.

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And as I impact people in a deeper, more profound way, I will attract more dream boat clients who also share the vision of being part of this tidal wave of positive impact and really making a difference on this planet. And so my question is how willing are you to be seen? And probably what comes before that is how willing are you to see yourself in all of your magnificence? How willing are you to see yourself today in all of your magnificence?

If you have enjoyed this episode, do me a favour, share it with somebody who you think would benefit. I would really deeply appreciate that and hit me up on the gram. Let me know what you got from it. And please remember that miracles are absolutely available to you, but it takes faith and action. I love you so much and I

will see you or at least be in your earbuds for the next episode. And let's say it probably before everybody has backs out, faith plus action equals miracles.

Faith + Action = Miracles