

The Limitless Experience Podcast  
10 money beliefs for you to borrow  
Transcript

Suzy ([00:02](#)):

If I truly believed this, then I wouldn't have those thoughts. And so there's always an opportunity to go back and revisit. There's always an opportunity to remind yourself of what you believe, and there's always an opportunity to upgrade your money, thoughts, and intentions. Welcome to the limitless life experience podcast with me, your host, Suzy Ashworth. I'm a mum of three seven figure serial entrepreneur, hay house author, international keynote speaker, quantum transformation and embodiment coach and believer in miracles. My superpower is helping conscious leaders. Like you create six figure breakthroughs in your business fast so that you can expand into limitless living and being part of the tidal wave of positive impact that we want to create around the world. In this space. You'll hear me talk all about wealth, yourself, spirit and impact. This is a limitless life experience.

([01:10](#)):

Hello? Hello. Hello. You gorgeous human being. It is Suzy Ashworth here, and you are listening to the limitless life experience podcast. And I've got something a little bit different for you today. I wanted to share with you some money beliefs that I have cultivated over the time. And I kind of wanna just give them to you as a gift. My recommendation is that you write them down. So maybe you listen to the podcast or you pause after each affirmation or intention and you write them down and you also say them out loud and you feel into your body for the ones that feel totally disconnected from yourself. And any that do my suggestion is that you add this phrase to the beginning. I am becoming the person who I am becoming, or every day I get closer to being the type of person who, something like that.

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Add that to the beginning of the phrase and notice how that feels in your body, whether it feels true for you. And if you can't get on with it at all, here's an excellent opportunity for you to look at what it is that you actually believe, because that is where you have a beautiful growth opportunity to look at the belief and then ask yourself, is this helpful? What would be a more helpful belief? If the intention, the affirmation that I'm sharing just doesn't work for you, look at what you actually believe and then ask yourself, how do I upgrade it? What do I desire for this to be? And then start with, I am the type of person who every day is becoming, or every day, I'm one step closer to being the type of person who used that phrase to kind of soften out the edges and start to notice. When am I acting in alignment with the intention? Is this just something that I'm saying? And then dropping the minute it comes to making the investment or making the decisions? Am I still acting from a place of fear, or am I thinking like a wealthy person, for example? So here are 10 money beliefs and intentions that I would love for you to borrow. So every pound or dollar that I invest returns to me by at least 10 times

[\(03:50\)](#):

Money is an endless and infinite resource available for me to tap into at any time. My relationship with money is not linear. Exponential growth is available to me. I am grateful for what I have and it's safe for me to desire more. I make great investment decisions Every day. I think more and more like a wealthy person. Everything I choose to invest in provides me with exponential return over time. I love money and money loves me. Money is neither good or bad. Money is neutral. I am worthy of receiving unreasonable amounts of wealth.

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These are the type of intentions that I in my early days of cultivating my relationship with money, I would write out over and over and over and over and over and over again. And many, not all of them, but many of those beliefs that I have just read out are absolutely integrated into my nervous system. Like I truly believe them. What is interesting is when I go into a space of contraction or fear around money running out, or the business failing, or nobody investing in anything that I ever purchase again, do any

of these thoughts seem familiar? It's really interesting how, when I look at a list like this, I'm like, oh, I'm not living into that. If I truly believed this, then I wouldn't have those thoughts. And so there's always an opportunity to go back and revisit. There's always an opportunity to remind yourself of what you believe, and there's always an opportunity to upgrade your money, thoughts, and intentions. So I hope that this was just a little beautiful reminder for you, for anybody who is completely new to money work. Then I hope that this is a good starter. If you have any questions, thoughts, or insights about today's episode, please feel free to hit me up on Instagram. You can find me on @Suzy\_Ashworth.

Faith + Action = Miracles