

Infinite Receiving Podcast

Title: Knowing You Are Infinitely Supported

Ep 05:

Transcript

00:06

This is the Infinite Receiving podcast, helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth. And I'll be sharing with you how you can upgrade your reality through Quantum transformation, because you are ready for Infinite Receiving

00:36

Hello, hello, hello, you gorgeous human being it is Suzy Ashworth here and you are listening to the Infinite Receiving podcast. And today, we are diving deep into the next pillar of Infinite Receiving which is all about allowing yourself to be a portal for infinite support.

00:56

Now, this is such a fun subject for me to talk about. Because in my life up until this stage, well, I say up until this stage, probably up until the last five years I was the human being that really genuinely believed that I had to do it all myself. And that if I didn't do it, nobody was going to do it. And I held a lot of weight on my shoulders when it came to feeling like if I wasn't in control, if I wasn't doing all of the things, then I was my life was going to fall apart, because I couldn't trust anybody more than I trusted myself. And when it comes to creating a life, where we are in full activation of infinite receiving, you have to you have to have to have to choose to know that you can be infinitely supported, and not even can be but you are infinitely supported at all times.

02:08

Now I know that that immediately is going to make some people went it's going to feel very uncomfortable. But I want to say if you know that now is the time that you want to change your life. Just allow yourself to be open to this somewhat challenging for some concept. So allowing support is a choice and a necessary one, if you want to receive more in your life. Simple as that. Now, many people choose to as I did for a very long time to live into the story that I am the one who does it all alone is a little bit of martyrdom. It's a little bit of the victim story. People are always letting me down. My mum let me down when I was five, my dad let me down when I was a baby. And now I can't trust anyone other than myself. And I see that played

out in the fact that my boyfriend's let me down my lovers let me down. My girlfriend sent me down, my VA's let me don't look, I see it everywhere. So I am consistently being shown that I'm right to not trust anybody. If you know that that is you raise your hand.

03:32

Seriously, if it does resonate, I want you to let this next point be an invitation. And the invitation for you is if you trust yourself, can you choose to trust that over time, you are going to allow a news story about support start to form starting today, can you do that? Because the truth is, is that every step of the journey that you have taken to get you here today, listening to this podcast has taught you something and with every single lesson, there is an opportunity to grow. And that support is happening every single second of the day. And just by allowing that shift in awareness to mean something to you.

04:37

Notice how already immediately that gets to shift something within your body. Choosing to know that every single step no matter how challenging, no matter how hard or even alone that you felt at times has been supportive in the fact that in that extreme You mean it was a lesson that has got you to this point. Now, when you can give yourself permission to allow yourself to look at life generally, as supporting you, hello infinite support, you can then also start to consciously choose to allow even more support into your life. And at that point of conscious decision to allow more support, you're going to see so many things in your life and in your business, if you have one, begin to change, I guarantee that there is already at least one person in your life right now that you are blocking from supporting you more. And I want you to allow that one person, give them the opportunity to support you in the way that they desire to support you. Can you do that?

06:04

That is your homework for this episode. And if you genuinely have trouble thinking about somebody in the physical that wants to support you, then let this podcast be your support. Let this episode be your support, I want to support you. And so really hear that and ask yourself, how does that in and of itself get to shift things for me to day? Okay, I hope that you have really enjoyed this episode. And if you have a friend, somebody that you care about deeply that you know, has been, I was gonna say playing the MasterCard but perhaps that's not the best. The best way to approach this if you know somebody who's going to benefit from this episode, then please do them a huge, huge favour and share this with them. I would deeply

deeply appreciate it. And in the meantime, I want you to remember that faith + action = miracles. I'll see you next episode.

07:22

Thank you for listening to Infinite Receiving with me Suzy Ashworth. I'd love to share with you my Infinite Receiving Activation Audio. Go to [suzyashworth.com/activateinfinitereceiving](http://suzyashworth.com/activateinfinitereceiving)

Faith + Action = Miracles