

Infinite Receiving Podcast

Title: 2 Things Slowing Down Your Manifestations

Ep 07:

Transcript

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This is the Infinite Receiving podcast, helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth. And I'll be sharing with you how you can upgrade your reality through Quantum transformation. Because you are ready for Infinite Receiving

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Hello, hello, hello, you gorgeous human being it is Suzy Ashworth here and I am very excited to welcome you back to the latest episode of the infinite receiving podcast. And today, I want to share with you the skinny on exactly why your manifestations are taking way longer than you desire for them to come through. So what is it that slowing down your magic is two things. At least these are the two biggest things that I want you to be super aware of. thing.

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The number one is wobbly energy. And what I mean when I say that is your doubt you're in, you're out, you're in, you're out, you're in, you're out, you're shaking it all about your left leg in your left leg out. There's too much hokey cokey going on. And what I mean by that is that you will set a very, very, very, very clear intention about what it is that you want to create. And then you'll ask yourself, is ever going to happen? Is it happening yet? Has it happened yet? When's it going to happen? Oh, it's not happened yet. That must mean that it's never going to happen? Oh, no, I don't believe it. And then someone will say to you hang on a minute. Of course, you you create your own reality, you can do this. And you'll be like, Yes, I'm recommitting, I'm doing it. I'm making 100,000 I'm getting the Bugatti, whatever it is, you recommit and you get back into the flow of things. And you're like, Yes, I'm doing it. And then you look at your watch, and it hasn't happened yet. And then you start deciding that maybe you're not worthy of it, maybe you just don't know how to do this manifestation stuff, maybe it's just never gonna happen. And you start to doubt and your doubt, then impact how you feel. And most people's behaviour is governed by how they feel in any given moment.

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Unfortunately, this is not true for everybody, but it is for many people. And when you're not feeling it, when you're not feeling the vibe, and you're feeling a little bit down, when you're feeling a little bit stressed, when you're feeling a little bit anxious, whatever it is, that then impacts the way that you behave. And this brings me on to the second reason why you're slowing down the speed at which you are manifesting what it is that you desire to create. And that is in consistent action, in alignment with what it is that you desire. So you say you want the 100k months or the 100k year or just under K. And then and you feel really enthusiastic. And you start by getting off the start line, which is great like you begin and then five metres into the 100 metre race, you're already a little bit tired, and you decide to slow down and you're tired because of this wobbly energy. It takes it out of you the amount of time and energy that you waste on not believing and choosing to doubt and being in fear and being in scarcity. What happens as all of these emotions bubble up is that you start to take action and behave from that place. And when you're taking action from that place, and you're behaving from that place.

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The outcome that you realise is rarely in alignment with what it is that you desire. And when you look at the outcomes, especially when you're looking at the outcome, like two minutes after you've started and it isn't the result that you desire, you then get disheartened. And in the being disheartened, you stop taking action. It slows down you will do it tomorrow. You will do it later. You refuse to have the conversation. You won't write the post and right there and then again you are flowing every Think downs are the two things that you have to commit to being a master of when it comes to quantum leaping when it comes to collapsing time, and realising what it is that you desire, in the physical plane, way, way quicker than what feels normal to most people is that you've got to have your energy stable. Once you've decided that this is the thing that I'm going for, this is the thing that I'm taking a stand for, this is the thing that I am bringing into my reality, you have to know that it gets to happen, what you'll never know is the timeline. And choosing to be okay with the fact that it might happen tomorrow, or it might take 10 years is the absolute key to keeping your energy stable. It's knowing that every challenge is a delay, not a denial. And because it's just a little mini delay, you can keep your energy stable. As soon as you start making it a denial, you slow everything down. So that's the first piece keeping your energy stable. And then the second piece is consistent and continual, inspired action in alignment with the goal. So if you're saying to yourself £100k a year, which is £1333 a month, you have to choose to know on a daily basis that that is what you are working towards. And that requires a different level of intention and action than when you were earning half that amount,

or maybe even a quarter of that amount a month. And the other thing is a little bonus, which is going to be helpful for you is knowing that consistent inspired action isn't necessarily the thing that's going to get you directly the result, but the energy that you do take the action in. So the energy that you take the action in when it's in alignment with being the type of person who receives £8333. That's the magic. So you might be doing and taking inspired action with the left hand. But it's something that finds the right hand, that is actually the key, or the gateway to the £8333 and it doesn't matter. It doesn't matter. Left hand is taking the inspired action because it creates an energetic field and a framework for the £8333 to come into. But it might be something completely off the wall, like out of thin air completely seemingly by chance that happens in the right hand. That is the key to £8333, it doesn't matter. You haven't done anything wrong. It's knowing that co creation isn't linear two plus two doesn't equal four. But the energetics have inspired action in alignment with the person who receives whatever it is that you want to receive. That's where the magic happens. So two things, master your energy, consistent inspired action on a daily basis. That is what will speed things up for you. Okay,

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I hope that you have enjoyed this episode. I hope that you've been able to pick out pieces where you're like, ah, that's where I've been slowing myself down. And if you have one comment, let me know over on Insta, but too if you've got a friend who you think would benefit from hearing this, then please share this episode with them. And if you haven't subscribed to iTunes already, do yourself a favour and subscribe so you never miss another episode. Thank you so much for listening. I cannot wait to be in your earbuds next time and in the meantime, please remember that faith + action = miracles.

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