

Infinite Receiving Podcast

Title: 3 Reasons Why Manifesting Isn't Working for You

Ep 16

Transcript

This is the Infinite Receiving Podcast, helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth. And I'll be sharing with you how you can upgrade your reality through Quantum transformation, because you are ready for Infinite Receiving.

How Hello, hello, hello, you gorgeous human being it is Suzy Ashworth here and you are listening to the Infinite Receiving Podcast. And I have got a fabulous episode for you today all about why your manifestations might be failing. And the first thing that I want to say is that I really debated whether I wanted to use the word failing. Because I think that there is a whole new education paradigm way of looking at manifestation that means that it is really impossible for it to fail. But we're not quite there yet. That will be a nother episode. And what I thought when I really kind of sat with it is that people still want to know why they are not able to manifest into their reality, the thing that they desire. And so from that very logical and fair question like Why is the thing that I want not in my life yet. I want to speak to it from that angle. So I've got three points. And I want you to just tune into whether you relate to any of these things. The first, the first point I have for you is that you're fixated on the timeline. And so there is a constant, looking at your watch, asking yourself the question, why hasn't it happened yet? What is it that I missing? What am I doing wrong? How long am I going to have to do this for like is Is this ever going to happen? I feel like time is running out. If this doesn't happen by the end of the month, and we've got 36 hours to go, then it's never going to happen. Like timeline timeline timeline. I was chatting with a client just a couple of days ago. And she was saying to me, Suze, I want to be able to manifest 30,000 pounds within the next two days. What is it that I need to do? And the first question that I asked her is, if you knew that this money was coming in, what would feel aligned? Like how would you be behaving. And what she said is if I knew that this money was coming in, I wouldn't put a deadline of the next two days, I would just feel really at ease knowing that I would get it within the next week, the moment that we are willing to expand the timeline. And what I found with my own goals, my own manifestations is that I am now setting such big intentions that the timeline is my lifetime, it actually releases so much pressure. And a really interesting thing happens where when we release the pressure, but stay focused on what it is that we're creating, we're actually able to collapse the timeline. But it doesn't happen when we are watching it wondering when is it going to show up? So do you recognise yourself in that? Are you fixated by the when? If so, let it go. Second thing is that you might be way too focused on the how and the how also shows up in the detail. And so I have people asking me Yes, but how Yes, but how Yes, but how how do I do this? How do I do this? How do I do this? And I talked a lot about this in my wealth expansion programme. How when people want to create change in their life, change a habit, create more wealth, do something differently. The first thing that they go to is the

how, like, how do I do? What's the result that I want? And then how do I do this? I learned this from a guy called James Clear, who has written a book called Atomic Habits, feel free to go and check it out. It's amazing. And he talks about the fact that people want to change their reality. He uses different words change their reality by looking at the result and then working backwards. What are the steps when in actual fact, the way to create lasting change is also the same way to create change in your reality when

comes to the manifestation of what it is that you desire. This doesn't just work for habits, it also works for what it is that you want to create in your life, you have to start with the identity piece, who do I need to be, in order to be a match for the thing that I desire, often you're trying to create from the same level of consciousness and the same level of awareness that you are operating in yesterday and the day before and six months ago and a year ago, or whenever it is that you first decided that you wanted the thing. Once you feel the desire, there has to be an upgrade that happens in your identity to allow the thing to come into your reality, otherwise, you would already be a match for it. Most people are like, what are the steps, and what I want to say is you have to look at who it is that you need to be in order to start to change your reality, or I love it when I do and little rhyme like that. And it's unexpected. And like Sue's go you.

Third point is that your energy is wobbly. And what I mean by that is that you are consistently doubting whether it's ever going to happen. You're consistently doubting whether it's ever going to show up whether you're good enough whether manifestation even works. And when I say consistently, what I mean, is that that looks like some days you're I'm focused, I'm doing it, I'm ready. I'm manifesting it, I'm creating it. And then you're like, ah, but But this doesn't look right. And I don't feel good today. And I thought it would happen by now and what is it that I need to do? And I think I might be doing it wrong. No, no, I've got this, I've got this. And it's this consistent back and forth. I'm doing it, I'm not doing it. It's happening. It's not happening. It's happening. Where is it? I want it. But I'm not sure that I'm allowed it, I desire this, but I don't think I deserve it. This ping pong that you are doing with yourself creates really wobbly energy, and slows down your capacity to receive.

Now, if you're Compounding this by also looking at your watch every five minutes, then again, you are slowing down your capacity to receive what it is that you desire into the 3d reality. And because you're slowing yourself down, what a lot of people do is just give up. And they just say that it's not going to happen. And the reality is, is that there are so many incredible examples of people who allow their manifestation to marinate, allowed it to be, and in the allowing of it to marinate and the upgrading of their identity, the upgrading of the who so that they could finally be a match they got what it was that they desired, even if it did take a lifetime. But you have to stay in the game, you have to know what you are a match for. And when I say you have to know, I mean, you just have to choose. And you just have to claim it. And I'm kind of going a little bit of past. Because I think that's important to say that when we are looking to manifest things from our head, as opposed to sole desire, we can also find ourselves getting into a sticky situation where it feels like it's not happening and it's failing. It's not that it is failing, it's just that you're never going to find your alignment to something that you I won't say never, it's a lot

harder to find your alignment with something that you are shooting yourself into. And what's super interesting is that the people who with sheer will, and force managed to shoot a manifestation into reality, often once they have the thing like, well, this isn't giving me what I thought it was gonna give me, this isn't making me happy, I don't actually want this. So really making sure that you are lined up with the soul's desire as well, which is something that you feel into, it's the thing that lights you up, it's the thing that just feels so good, not because it should not because it's coming from the head, but because you feel it in your heart. You have the oxytocin burst in your body, you get that sense of warmness or the Goosebumps you're like this is this is it this is a thing as an you know that it's coming from a soul desire as opposed to something that you're manufacturing from the mind. So, do you resonate with any of these three points? If so, let me know which one you see yourself in and obviously if you want support shifting this, this is what we go through in detail in the infinite receiving six week programme. And of course, I would love to support you

further so if that's the vibe go and check out [Suzy ashworth.com](http://Suzyashworth.com) forward slash infinite receiving to get all of the details and come and join the fan. Right my love's I hope that you have loved this episode tell me come over share with me on Instagram and if you haven't left me a review yet I am that's my request that is my energetic exchange request for you like if you loved it, leave me a review and let me know it always makes me feel good when I know that I'm creating content that is helping and supporting you in your growth your evolution and your ability to be able to receive more so until the next time have fun receiving infinitely and please remember that faith plus action equals miracles

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