

Infinite Receiving Podcast

Title: Live Interview With the Manifestation Queen, Regan Hillyer

Ep 19

Transcript

This is the infinite receiving podcast helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth and I'll be sharing with you how you can upgrade your reality through Quantum transformation because you are ready for infinite receiving

Hello, you gorgeous human being it is Suzy Ashworth and you are listening to the infinite receiving podcast and I have got a very special episode. For you today it is our first interview with the incredible Regan Hillier, who is a magical unicorn of a human being. We go to all of the places in this conversation, we talk wealth, we talk success, we talk about what it feels like to cost \$33 million. In just 10 months, we talk about love, we talk about the state of the world and what our vision and the mission is. So this is a long one. So grab yourself a cup of tea and a slice of cake. And remember to let me know how much you love this interview. And in the meantime, do not forget that faith plus action equals miracles. Okay, I am so excited right now I can barely contain myself. And the beautiful thing about this is that you can actually see how big I'm smiling because we're on camera. Welcome to the infinite receiving podcast. And our journey started, I think maybe five, maybe six years ago, and to see who you were, when we first met, and also who I was, and then to see who you are now, and how much you've grown and how much your heart has just expanded and expanded and expanded is just I don't know, it's just quite remarkable. Like you are an incredible human being you're a mentor, you're a friend, and you inspire me like every single day. So thank you so much for being here. I want to say again, because it's the second time that we have had an interview together. But it's the first time on the infinite receiving podcast. And I couldn't think of a better person to open up this new chapter with so Reagan. Welcome. Thank you. I'm so happy to be here. Here we are all these years later. And in Europe for the first time. Yes, we're in Amsterdam, and on camera, officially, first time on this podcast.

So do you want to tell people like how would you introduce yourself?

Well, that's a great question. I think someone asked me this actually, at the summit that I'm speaking at. They're like, how do you introduce yourself. And I was like, Luke, kind of it varies. And it shapes shifts, depending on who I'm talking to her, you know, at the core of my essence, I'm Reagan, you know, and my goal every day is to be the best shiniest version of myself to create the biggest impact. And then how that looks every day is a little bit different in terms of the people I'm connecting with, or what's going on in that day. And so that might look like a full day of entrepreneurship that might look like speaking that might look like magical woowoo creation, you know, so I feel the identities shift and change. But for me, it's it's a very multi dimensional identity that I've crafted and played with and continue to explore just around how he can be more me every day.

I love this. Because I feel like our purpose and our mission is just to become more of ourselves. Yeah, like how much more full of myself can I become? And when I hear you talk from that perspective, I'm like, that's been the shift. Maybe that I just see you becoming more and more and more of yourself. Yeah, daily basis. I know that some people listening to you say, the biggest, I think you said the biggest and the best or the best and the shiniest version of myself. Does that ever feel like pressure? I don't know if it feels so much like pressure, but I think it can, it can feel a little intimidating sometimes. Because sometimes I feel like I'm connecting with this higher version of me that wants to come down and through and be embodied and I still will sometimes get caught in those moments of like, oh, no, no, no, that's gonna be too much. Oh, no, no, no, like that's that's and new stories pop up. That will make me unrelatable to people. So I won't share that. So I won't share that. Well, there's no need, you know, there's no need because I don't need the external validation. And then I remember that, okay. It's maybe not about the external validation. Maybe it's about owning you Have shininess and your bigness and being that permission slip for so many other people. And so I find that whenever I centre myself back into service, all the stories tend to drop away. And if I find myself come out of that centre of service, and I get lost in the ego or the stories or the mind, then that's when the, that's when those frequencies can come in, you know, so yeah, I don't think it's so much pressure. But I think there's still like, the lower self that tries to creep in, and like, suppress it.

It is interesting hearing you say, that might make me unrelatable. Yeah, still, because the life that you lead is really unrelatable to most. Like, all of the levels, it's just quite insane. Yeah, yeah. I mean, it's inspiring. But I don't think most people can relate to being halfway through a four month tour, where they're speaking on stages all over the world and touching 1000s of people. Yeah,

I feel it's that line where it's, it's taking that stand and standing in your higher self and being that permission slip. And knowing that you're going to call the right people forward into that, you know, because I think even if someone looks at that, and they're like, wow, you know, that's like maybe 10 steps forward, maybe from where I am right now, if there's a part of them that's even inspired by it, then for me, that's, that's okay. You can relate, right? There's a part of you that's woken up and is like, ooh, that's exciting. That's, that's, that, that would be amazing. That would be cool. And then from that place, it's like the the inspiration is, is sparked. And so I think I ran this story for a long time where I was like, maybe I'll become so like, non relatable, that I won't even be inspirational, because I'll be so like, separate from people. And then I realised that separation is an illusion anyway. So again, another construct that my lower self, you know, created in an attempt to keep me smaller, and like more in my comfort zone, and like, more connected in the sense of like, oh, I fit in here. Yeah. Oh, and yeah, some of us were born to fit in, some of us were born to maybe stand in that light, and then inspire others to like, come into this new frequency, so they can fit into the frequency, rather than dropping yourself down into an old frequency in an attempt to fit into the illusion, you know.

You've just recently shared a huge milestone. And I know from I feel like when you first had your first million dollar month, and I know that that was a big deal in terms of you sharing that, you that you did that. And now we're in October, and you've

just crossed \$33 million. How did it feel to share that? Like, when did you find out? What's the timeframe from when you found out? And then when you shed? Yeah, you know, it's interesting. I don't share too much on income stuff now. And, and I, I always check in and I'm like, okay, is this my lowest self playing the game and be like, you don't need to share stay in your comfort zone? Or is it just not aligned in that moment to share and so I'm always checking in and even this year, I mean, we crossed the 30 million mark. Right, but it didn't, I mean, I celebrated and my introvert way, but I didn't really feel the aligned guidance of like, share now. Yeah. So it's like, okay, I trusted that. I was like, oh, maybe we'll share it. 40 Or, like, I don't know, whatever. And yeah, I was coming up to my birthday, actually. And, and I felt it, I felt this call this intuitive call. And it was like, it's time to speak about the numbers. And I was like, okay, and then I was like, Okay, let me go on, like, check what the numbers are. And then I realised like, okay, we're about to cross the 33 mug. And then I was like, and I'm turning 33 is Oh, like, hang on, this is actually really cool. And the guidance came through, and I definitely, I definitely felt uncomfortable sharing it again, you know? And yeah, it's just interesting. It's like that same feeling. It was the exact same feeling actually, when when it was that first million dollar month, it was that same like, oh kind of thing. But I recognise the feeling and I didn't get stuck. And I think when I was even I remember sharing like, the even crossing the first million per year, for example, was the same feeling was like, Oh, my God, what's ever gonna thank you, oh, this, you know, but my speed now and moving through that feeling has accelerated I don't get stuck in it. But whereas before I would get stuck in it for a longer period of time and be like, I don't know, should I should I didn't, you know? So? Um, yeah.

Did you receive any pushback from people who were triggered by the number? You know, actually, weirdly, this time I haven't. That's so interesting. I know. And I and I'm very aware of that there hasn't been One comment, one DM Wow, one email Wow, one text nothing from a family member zero. And this is like something to explore because this is unusual because every other time there has been there's Yeah, I remember even like yeah even even crossing like a million dollars a year there was there was like it was hate is it was this that was that that was like people triggered there was like all this stuff and there hasn't been this time. There's been inspiration. There's been gratitude. There's been celebration, there's been Wow, there's there's been you inspire me, there's been like people having internal shifts, and a whole lot of love and like not one that I'm aware of. Yeah, at least.

I think that that is incredible. Do you think that that has anything to do with how your energy has shifted? Yeah, yeah, of course, for sure. Yeah. And, and I knew this in the beginning, too. And, uh, you know, I've never I'm not someone who's got like a whole lot of hate online, there are some people where they like, kind of thrive off the haters, and they're always there. And they're even, like challenging them. I've never really been in that vibe. But I have had my fair share of like haters and pushback and comments and little things. And I used to get very affected by it too. Like, you know, there'd be 200 comments of celebration, then then one nasty comment, I'd be like, Oh, why is this one nasty comment here, this is so bad as you posted, you know, and I would get very

affected and and I think now, I wouldn't even get affected if something was on there. Like I didn't even notice until a few days later, after I posted then I was like, whoa, wait, there isn't one message or one comment? That's kind of a little off. And I was like, that's interesting. I was like, Okay, well, if they was how would I be? And I was like, you know, I don't think I'd be triggered. I think that's the difference. Whereas in the past, I'd be like, triggered it would touch a part of me. That's like, no, okay, I need to, like prove myself or this or that. Right. And, and I was like, Okay, if that comment was there, I allowed myself to feel into it. And I was like, there's no trigger point kind of left on that on that piece anymore. At least Yeah, that I'm aware of, you know, so I was like, Well, I think if someone wrote something like that, I'd either just like bless them and be like, whatever. Or I'd be like, Yeah, and like even help them like, reflect and see these pots, and they wouldn't be an emotional charge from me. And in the past, they would have been. So I think that's definitely a reflection of just some of my inner work and shifts. Because yeah, it was interesting. It's, I noticed it.

Because it's a huge number. And I think that frequently, it activates that sense of what about me? Yeah, activates that sense of lack. And what was interesting, one of the women in my community, she was saying how she had been triggered by it. But she was able to own it immediately. She said, Because I desire to have that type of success. And she hasn't, up until this point, allowed herself to align to the frequency of more aligned to the frequency of overflow, it has all been about need. And the idea of going beyond what she personally needs, is still challenging. And what was amazing was to be able to say that, obviously you personally don't need that much. And the mission, and the vision. And what you get how that then circulates is just doesn't even scratch the surface. Yeah. And so how big is the context? How big is the vision? Like, do you want to be one of those people who are changing the game? Yeah. So yeah, I'm interested, obviously, you've tried to do a birthday transmission a couple of times?

What's going on? What's going on? It's so crazy.

So I want to take advantage of the fact that you haven't been able to go live with a little bit of a scoop on what are you feeling into when it comes to the creation and how the vision is evolving?

Yeah, it's definitely evolving. You know, it's really cool. I went back and I watched a birthday celebration webinar thing that I did, I think it must have been five, maybe even six years ago. And I watched it, I watched this version of me with a shaved head and I was like sitting on the ground. I was like yelling at the camera. So full on, you know, I have so much love for that vision that will serve but I was like, wow. And I you know, I watched some parts of that. And, you know, this, this was five, six years ago, and my business was where it was and I shared like this big bold mission of wanting to help create over 50 million is and that was for me that was like, wow, like that would be like huge and that would be crazy. And simultaneously on that webinar. I shared that my bigger vision required in excess of a 100 million dollars. Yeah. Right. And this was like, five, six years ago, you know, so even where we're at now with this 33, it's like, okay, we're still like, these are baby steps towards where we're actually going and where we're heading, you know. So I feel like we're, we're kind of opening this portal into this new cycle, with me and my life personally, and

also with the vision and the impact. And I was telling you last night when we were catching up, right, it feels like this doorway. And this gateway is opening, to literally set up the next like, six or seven years of my life and all my mission. And I'm not super clear on the details as to how that looks. Vision asked me this on stage and Bill Lin, two weeks ago, he's like, you know, if you take yourself out, like way into your future, like, what does that look like? And I was like, I can't tell you because I don't I don't know. And I know also not to get into the way of, it's got to look like this. And it's got to look like that. But I'm so clear of the frequency, like I'm so clear of what it feels like the energetics and the feeling, and the state and the vibration. And the feeling of embodying that feeling like I'm so crystalline, clear on that, and I connect with that every day. And then if I, if I hand the details over to God, or the universe, I know that were taken care of, and they're going to be like, even better than my mind would construct. So why would I try and construct it with my mind? That would be crazy, right? And I feel that it also takes a lot of trust. And it takes a lot of surrender. Yeah, you know, there was, it was just over a year ago, and I had this big pot within me wake up. And I was like, It's time for like this mainstream code. There's this, like, mainstream code and this like, template that's coming online, and I could feel it, and I could see it, and I went, I went to work, you know, and I started looking at it. And here's what I didn't do. I didn't sit down and be like, Okay, well, I'm gonna speak on this stage and has to be like this. And this TV show. I didn't, I didn't do that. I was like, I just, I started feeling the feeling of what it would be like to start tapping into mainstream audiences. Because I received a very clear download that okay, yeah, this is good. The coaching industry, the spiritual realms that yes, all of this and kind of like, you know, our crew were, like, easy audiences that love, like, get it and like, cool, but there's like, all these other people and all these other women in particular, that are just living their life. And they completely unaware. Yeah, of business Kharchenko this so that like they actually outside of these realms, and I started seeing like, Okay, we're going to if you really want to go into the next layer of these ripples of impact, it's getting into these, these new bubbles, basically, right? And so I sat down, and I did my energetic work. And I basically built this template with a manager attic field to hold these mainstream frequencies, right? And I was like, Hey, this is so good. And then I completely forgot about it. I was like, Yes. And I probably worked on it for like a week. And then I didn't know like life got in the way I got distracted. And I completely forgot. And then it was probably just sort of a few months ago, four and a half months ago, right before I left on this tour. I was sitting there at the nest in Costa Rica, and it came back and I was like, Oh, the mainstream thing I kind of sabotage myself into disconnecting from it actually was like, Oh, my goodness, that was such an alive vision, I need to bring that back. And I started tuning into it again. And I started working more intentionally with it. And the moment I did that, so many things started opening up like fast like magazine covers crazy interviews, like in there's so much more like it's opened this wave of like, things that I can't even tell you right now. But they're coming over the next like few months. And so it's this kind of solidification of that. So yeah, I feel, I feel there's a deeper embodiment of that. And a big flow of that over the next year of like, yeah, rippling into these circles that are a little unknown right now. But really exciting. When we start tapping into them.

I feel that one of the biggest things that I have learned from you is this. It's surrender. Although I can I've got a long way to go when it comes to really surrendering. But trusting. Yeah, trusting myself. And trusting that I am fully supported, is something that I first learned with you. And I remember the first three day event that I was doing, and I was like getting all of my knickers in a twist. And I remember you just saying something like, how do you want them to feel? And I said, I want them to feel loved. I want them to feel seen. And I want them to feel the abundance. And it was those words or carry their own frequency. Yeah. And the invitation was to just tune into the frequency of those words. And I think that over the last three, four years that I've been on Understanding that at a deeper and deeper and deeper level, and I say this because some of the language that you use, it sounds so magical, like when you're like, I'm sitting there, and I'm like building this new template in the energetic field. And I know that people are like, Oh, how do I do that? Yeah. And at the same time, you also said that it's not the details. It's the frequency. So for people that are just starting out, how do you recommend that they start to tap into the frequency of what it is that they want to create? Yeah, for sure. And

this is also a big one, because a lot of people say, Well, I can't feel the feeling I can't get into the frequency because I haven't manifested it. So I don't know what it feels like. Right. So this is where you get to download the feeling from a version of you and your future that's already done it that's already manifested it that's already lifted and okay, I'm just gonna talk to like all the sceptics here, right, but for the people who like but But what if one of my highest self hasn't done it? And what if I never do it in this like, Okay, well, you wouldn't have the desire to even do it, or have it or be it, if it wasn't in your future, you'd look at someone doing something and be like, Okay, that's cool. I'm happy for them. You know, I see like a Ferrari racecar driver winning in his race. And I'm like, that's really cool. And I have zero desire to go and learn how to drive a Ferrari and run it around the track. But that's awesome that that guy's like the best in the world. But there's no desire in me. So chances are my future self in this lifetime probably isn't going to do that. Yeah. And it's also okay, but if you watch someone do something on a stage on the internet, and you're like, and there's a part of you that's either triggered, or inspired, which is still inspiration, if there's a trigger, right? And you have that piece, that simply means there's a part of you waking up to that, because you've already done it and your future somewhere, right? So if we remember that time is a construct, and we can tap into a higher version of ourself that's already done that at any moment, yes, there's meditations and things you can do to do that, but you don't even need to, you can literally close your eyes and be like, I choose to connect with the highest version of me, that's already manifested x, one thought away, like super simple, you do not need to complicate this. And then when you had that connection point, you literally ask yourself, what would it feel like if I had already manifested this now? What would it feel like? If I was making this money? What would it feel like if my business was here? What would it feel like if I ran that event, and I finished in this way, if I spoke on the stage, you, you feel into the feeling and the minute you stop feeling the feeling and you may not feel it for a little bit, you may have to like sit with it, do it again, the next day, do it again, the minute you feel it, you get on to

that feeling. And you tell yourself, okay, double that feeling triple that feeling, make it stronger, turn it up, you can see a dial if you want and like crank the feeling up until it starts getting stronger and stronger. And we call this energetic conditioning. It's like working out, it's like going to a gym, people go to a gym once and you expect to be like a bodybuilder at the end like no, you're probably going to be like that was hard. Um, so I don't know, if I want to go back like you keep going. You go again, and then again and again. And eventually you get stronger. And it might take some time. But it's the same with the energetics. You know, why do you think that people don't want to believe that believe that it can be that simple as just being able to identify the feeling and that be an opening for you and opening for everything that you want? Why do people not want to believe that because

confusion is one of the greatest sneakiest self sabotage methods, the more that I come back to simplicity in my life, the easier it gets. And many people run a story that the more successful you get, or the more money you make, the more your business grows, it's going to get more and more complicated. We're not necessarily, if you choose that it gets to be more and more simple. And it gets to actually be easier and easier then so it shall be. But one of the greatest self sabotage mechanisms is like, okay, let's make this hard. Let's make this confusing. Let's spin the mind in 1000 ways. So the mind figures it out. But you can't figure out a lot of the stuff through the mind, you know, the mindset, a processing system, but it's not. God is not the Ultimate Creator. So it throws this programme in there in order to attempt to keep you in your comfort zone. So if you can see this and go like, Oh, I'm making this sound hot, or I'm making this feel complicated, or I'm saying Oh, it can't be that simple. Just notice that that's a programme. Yeah. So programme, and you just get to update the computer software and be like, Okay, what if it was this simple? What if it was this easy? What What if I did get to tap into these things in a way where it is so simple? Yeah, yeah.

I think it's, I think, also part of it, at least when you're in the entrepreneurial world as well, is that marketers like to have their 15,000 step plan for you to have to buy into course, because that generates money. It's like, oh, that's the reason why I missed out step. 12,355. Right. You can have it for just 199 and I think that feeds into the idea that it has to be complicated, or this is the reason that I can't quite work it out is because it's too complicated for my, for my mind is the same as spirituality. If someone's explaining a spiritual concept, and they're making it super complicated, they probably completely miss the point. Because when you get to the core essence of all of it, it's actually very simple. It's always through the hot. It's not 12,000 steps. It's probably one, two or three. It's simple, and it gets to be easy. But yeah, we create these spins. And you're right, like a lot of like, online marketers especially create these spins of like, Oh, look how complicated it is. That means it's more valuable. Yes, no. Not you've had it here first. It's more complicated. It's usually less valuable. Yeah, yeah, exactly.

Tell me what have you found? Challenging over the last year?

Yeah, there's been a few challenges for sure him, I've definitely, I've hit these moments where it's been uncomfortable. It's felt almost like I'm on the edge of this

breakthrough, you know, on the edge of this, like, limit the edge of this cap, and it's felt like, not quite sure what it is. But it's like, it feels like everything wants to go, which I feel it is right now, actually, in this moment. But if we go back, like four or five months, it felt like I could feel it all coming. It was almost frustration of like, why isn't it here now? Yeah. And then what else do I need to do? And then I remember there's nothing to do and there's everything to base. So then I go back to that. And it fell. Yeah, this like this, like in a frustration? Yeah. And I think that's one of the pieces I've really, I've really got to, I've had to look at, you know, I've had the gift to look at this year of, of really wanting things to happen yesterday. And then realising like, okay, cool, like, okay, even if it happens in one or two months, it's going to be okay, it's still amazing. It's still good, you know, but like, yeah, just the ego getting in the way. And like wanting to control the timelines.

I think that is probably the hardest thing for, certainly for me, but also many people, and that is when you're not actually doing what it is you feel that you should be doing. But for some people, they believe that they don't know what they should be doing. Do you? Do you believe it's possible to not know what you want? You know, when you ask some people like, what's the dream? What's the vision? And they say? I don't know. Yeah. Do you think that that I kind of believe that everybody knows, but sometimes they're afraid to say in case it doesn't happen? Yeah, I think there's two things. I think there's, I've been in that place a lot. Whereas like, I don't know what, like, when I started my journey, everyone was like, what's your big dream? And I was like, blank, okay, literally blank. And it was weird, because I always felt like I was born for more it was felt like I was here to do something big, but get me to define that or even ask for what I want in my life blank. And I was like, why is this blank? This is weird. And, and for me, like, there was a lot of conditioning around like a, you know, at school, I was constantly told to stop daydreaming and like, you know, focus on this thing that you don't even like doing in school. And I'd be like, wanting to, like, be out and like, my vision and my other dimensions and my dreaming. And it was always like, cut, you know, so for me, it was giving myself permission to dream again, you know, and figuring out like, oh, I have a lot of these constructs and fears and whatever, like blocking that, to clear that. So there's that side of things. And then there's also the side of things where you might be like, Well, I don't know what this vision looks like. But I'm, like we talked about, but I'm so crystal clear on the frequency. And that's different. Yeah, you know, that's a it's a very, like, high level kind of vibe of being energetically clear, but surrendered to the how and surrender to the details, which is different to being like added up. You know?

Yeah. So the timeline piece, I think shows up for a lot of people when they're worried about time running out. Like, I'm already 40, or I'm already 35. And I thought I was going to be here, I'm already 50. And I thought I was going to be their time is moving more quickly. And I'm not sure how to hold it, or how to make something happen. What do you say to those people stop trying to hold it? Stop trying to make something happen? Like, it's important in those moments to zoom out. And remember, like, with timeless the end of the day, we're infinite beings, you know, and when we really get to the higher perspective of that, and how many guests we have this lifetime, but also like how many like

different iterations of ourselves multi dimensionally there are like, this is such a, this is such a little drop in a huge ocean, right? It really is. So you can't be an expansion and contraction at the same time. And so if you're contracting around time, then you're blocking anything that's actually coming in you You're actually stopping the flow of receiving, you're stopping the flow of, of everything wanting to manifest in your life. So I think it's a gift to even see that and be like, Oh, I'm in contraction right now with time I'm trying to control time. Yes, you could, there's a difference between being intentional and say, I'd like this to happen on or before a month from now versus Oh, my God, it has to because the world's going to end if it doesn't, and Darren Time's running out. Like, that's a whole different vibe, you know. So if you can see that contraction and see that relationship to time, you can go Oh, hang on, I can actually change this. Because time doesn't control us. We're in control of our relationships with time. And time is actually a construct that we can play with. It's actually very malleable. When you get into it, as you know that Suzy was coming to Peru and looking deeply with tree of life, like you sit there in a ceremony and you're like, has this been an hour? Has this been 10 years, like, you step out of the Time Matrix, you know, when you're working in this way, where you realise like, your infinite and actually time is just, we need time, time is a great thing. We need it to actually process our reality in different layers through this lifetime. So it's a great thing. It's a tool, but it's not a great tool, when we give our power away to it. When we run stories saying, time is running out, I never have enough time. There's never enough time to do the things that I love. I never have enough time for my business, well, then. So it shall be you know, or you can get all of that out and look at it and be like, Okay, that's a terrible relationship to time. Let me change that. Right? What if you always had more than enough time? What if you always had the time to do the things that you love? What if time was on your side? What if time was one of the greatest tools of manifestation that you had, and this is not something I was brought up with, like, I've conditioned myself from the inside out to have the most epic relationship with time. And to the point where I was like, I love time, and you see me I live my best life, like I have so much going on at multiple different companies, I have amazing relationship have basically raised a child for the last six years, like, you know, this is a lot going on, and I still get my messages, and I still get my thing. And I slept till 9am today, because we were out to one last night. And, you know, I do the things I love to do. And there's always time for all of it. And if I ever feel like, there's not enough, I'm like, Look, that's that's my relationship right now. And I see that as a moment to recalibrate that.

Yeah. How much of the fact that you get so much in and comes from the fact that you also allow yourself to be wildly supported?

Yeah, it's a lot also. And that's the thing, often people trip with that support pace, and even with their team and their business, and they don't grow the team in a certain way where they can actually fully leverage their time and their support, because they're still holding on to this construct that they have to do it all themselves. And there's not enough time and that all of that is all kind of married together. So yeah, for sure a lot of and I'm, I'm also very aware of it. And I'm very grateful for it. And I put a lot of like intentional gratitude on that. And I know if I'm like, Okay, well, we have like, 50 odd people in the team right now. And they're all

working roughly eight hours a day, like, that's 50 of me times by eight hours a day. So every hour, that's like, I don't even know, like, how many of my hours are going into that, like, Yeah, that's amazing. And then when you see time as a resource, you're like, okay, cool. Well, time is just another resource. I have like the resource of money, I have the resource of time, I have the resource of my own energy, I have all these different ways that I can resource into my life, and allocate resources in my life. So someone who's like doing everything themselves is generally resourcing all of their own time, but not leverage time. Yeah. So you can start seeing these as like, it's a game, you know, and you take these resources, and you allocate them in different ways. And you have a lot of gratitude for that. But often, that can't even be created as a structure. Unless the person leading the show has a really great relationship with time and they've worked on that and that they honour time as well. It's not about like, screw you time, I'm gonna hack the system, you'll listen, you know, time is amazing. It's such a valuable resource, and then a human construct. Yeah, we're never gonna get it back. And there is an endpoint for all of us in this realm. Reality, right. So when you will say have a deep honouring and gratitude with it. It's such a valuable resource for me, it's more valuable than money.

100% Because it's the only truly finite resource. Yep. And so that investment of how do I feel today, I want to be the shiniest best version of myself. How do I feel today? What do I want to do with today? How do I want to be in today? All of that it changes your experience of life in the best possible way. I've had a really interesting thing with time, like literally this week. So it's felt so expanded, like, on Wednesday, it could have almost been Saturday for the amount of like stuff and conversations and rich richness. Yeah. It was really like wow, it's only the beginning of the week and that Ah, that's quite different for me, because usually it feels like time is accelerating. And although we're fitting a lot in, and it gets to be exciting, and I get to really be mindful about, I'm not available for overwhelm, like, I've got everything that I'm asking for so great, but it still feels a little bit like, yeah, it's beautiful to have this expanded experience. Yeah. Do you have any thoughts on that?

Yeah, I have thoughts on that. And I think a lot of people feel like time is speeding up. Yeah, right, like time is accelerating. I heard you say that. And it's interesting, because my perception of this is actually time is not time, time is the same, is actually, you know, it's in the same metric system, effectively, it's actually not changing. However, what is changing is our ascension, acceleration is changing. And the energy that's actually coming through onto this planet, through the Plasma Light, and through all of us, is increasing. And so that's what we're feeling, we're actually processing more of our divinity, every hour, every day, every minute, and that data is coming through at higher rates. That's what we're feeling. And that's why it feels like Oh, my God, time is speeding up. But it's important to separate this and be like, no time is not speeding up. Time is the constant, it's the measure. And ascension is actually speeding up the process that we're embodying our divinity and the true essence of who we are. And our capacity to actually interpret that information and process it and embody it, if we're doing this work, like everyone listening here is is actually increasing. But that's the acceleration we feel. And it's nice for the mind to see those two differences and be like, Oh, it's not that times

racing away from me. And the times already there. What I'm feeling is like, Whoa, I get to process even more of me every single day. That's awesome.

When I talk about being more of myself, I think about myself being at the centre of the universe, and I am creating it all. And there's this recognition that God is within me, and I am, I am source but even saying that actually feels a little bit contrary, it feels a little bit controversial to actually say that. And I'm just curious, when you talk about being your multi dimensional self, do you see yourself as source the Creator? Like, that's you being able to tap into more of that Universal Intelligence? Which is you there's no separation between God universe yourself and everything that's created?

Yeah, for sure. I don't feel there's any separation there. The only separation is an illusion that we create through the mind through the construct of the ego. And we also need a little bit of that illusion of separation to actually be here in this realm, because otherwise we'd all just be God. Like, as God as the universe would, it would just be bubbles of light, basically, yeah, but we're not we have personalities, we have names, we have identities, we have like, unique pathways and missions that we've come here to complete. So we actually need that in order to anchor the uniqueness of it. But at the core essence of all of it, I believe that we're effectively consciousness experiencing itself. Yeah, through this round to learn more about itself. And you can call consciousness God or the universal great spiritual salsa, whatever label you like. But yeah, we're consciousness experiencing ourselves in order to eventually return back with a higher intelligence and wisdom, which is why I believe we're here on this planet, to also unlock the lessons to live our lives, not just like, survive our lives and like live in our comfort zone and not unlock any lessons. Like, we're here to live, you know, and those lessons don't have to mean that you have to go through crazy challenges and so much pain maybe, or maybe not, maybe you can unlock things through pleasure also, and through having a higher wiser intelligence, we'll be like, Oh, I was about to step left. Oh, I'm so happy. I didn't, okay, good. Listen, and then just sit right. You know, like, there's, there's also different ways to navigate, but I feel a lot of it is, is that it's we're consciousness, experiencing itself, this journey, is the mission then just to remember that, like, the more we can remember, the higher the ascension?

Yeah, and I think the mission ultimately is to be, like I said, In the beginning, the best version of ourselves. I think that's really like the core of it. And then it's dressed up with, you know, different purposes. Right, the mission is the core same mission. Ultimately, I think, for every human here to be the best version of you and unlock these pieces along the way. And, and I know that when you do that you shift and elevate your field, which is connected, there's no separation, you shift and elevate the whole field of humanity. So the more people that are doing this work, we will serve, you know, support the overall ascension on this planet. But yeah, I feel it comes back to that and then There's, there's like, then there's the personal purpose layers, which is a little different to the planetary and ascension mission. So I feel we're all connected into that same mission, if we're choosing to connect to the light and be here for, you know, good, powerful reasons. And then we have these unique purposes. And that's where like the personality comes in, and the identity and the

multiple purposes, like the purpose of this and the purpose of that, but it all falls back into this, like core mission of experiencing ourselves.

What about the idea of karma? And coming back in to the world with, like, the remnants of previous lessons that either have or haven't been learned? Do you believe that?

Yeah, I think, yeah, I think they're definitely that does play out in our lives. And I think there's also again, like, how we choose to live, if we get stuck in suffering and struggle and things like that. I think that's also a choice, right? So there are ways for example, where you can go in and start to just clear karma from other lifetimes, especially if you feel like things are playing out in your life. And you're like, Whoa, when you tune into it, it's like, feels like this is like old. This is like other lifetime. Like it's from that frequency. And you can go in it doesn't mean you have to then like suffer and like pay the price for all the lessons. I feel that's an old construct. Yeah. But sometimes there is healing work to be done. And sometimes there are things to be learned with, which could be going into meditation and be like, Whoa, I'm getting this feeling like in this past life, I really betrayed this person. Yeah. Okay, ask forgiveness for that. I'm sorry, I've learned my lesson and you integrate that, like, it doesn't mean you then have to go and be betrayed and then suffer the feeling of betrayal, maybe or the higher consciousness is like, Okay, let me go in, find the karma. Unlock the lesson. Integrate it, take it forward. Like that's also an option. I think again, the way that you say it makes it sound so simple. Yeah, I see. I see so many people looping, especially like intergenerational trauma, past commas, past life, commas, I've been a witch, I've been burned. Yeah, those beliefs are really helpful when it comes to keeping people stuck. And the idea that you can that it is possible to go into yourself through meditation, and use your intention to clear the past energies, I feel that so many people are still no not gonna accept that.

Yeah. And that's a choice. You know, are you more committed to suffering and looping and your stories? Or are you more committed to finding an easy way to do the work? You know, this is also why plant medicine is really powerful, too. Yes. Because I as you know, it really helps people, when it's done in the right way, in the right environments go beyond those stories. Yeah. And beyond the mind that can be so strong and like, no, that's too simple. That's impossible. You know, I, I was burned 20 times. So how am I going to like, not be burned, if I do a Facebook Live, you know, and the stories play out in a very real way. But the medicine can come in through a ceremonial space and go beyond the mind and go straight into the acceleration of that clearing of that healing of those lessons. And that's why like, one ceremony can feel like 20 years of psychotherapy and deep work, because it's an accelerator. You know,

you were saying last night that you were feeling the nudge for more ceremonial action. I'm curious, can you share with us how you use plant medicine?

Yeah, I use it in a very deep and intentional way. And like most things in my life, I'm either fully in and immersed in it, or I'm not at all so for me personally, I'm not really someone who's like microdosing every day and trying these things and going to 100 ceremonies and Friday night I was scared. I mean, some people do but like it's just not my vibe. I don't feel it's of service. And so what works really well for me is once a year, super deep, fully intentional done the right way with the right shamans,

connecting in with the right ancestral lineage, the right galactic lineage, there's a lot of the right medicine, there's a lot of factors that come into that. And then prepping for that and doing a diet to for that and making sure every layer of my being is aligned to going and doing that work. So not just like okay, cool. I'm going to take this substance, that's great. It's going to accelerate my mind. Okay, well, how am I gonna prepare my physical body because if I can't stabilise the new frequencies, they're not going to embody you kind of obvious and simple but people don't think about it like this. Okay? How do I get to now prepare my emotional body because if that It's not clear that I'm not going to stabilise the new frequencies, my mental body this is that right? So all of its important. So for me, it's like once a year deep dive, we go to Peru, we have our crew, we also then, you know, run our retreat there, which you have come to, and you're coming back, it is so exciting. But yeah, we always go early, and we always do our personal work. And then you also see like, within an a space in the retreat where with with the medicine, and with all of you we're very present and holding space and working with everyone, but also in our own personal work, but not so deep that we're like laying on the ground. And he can't help anybody.

Right? Wildly purging being like, know what's

exactly, exactly. So um, yeah, and WAMP is the same as well, you know, for us, it's once a year, it's deep work. It's been deep integration after that work, but it's not like dipping in and out of it. And this and that. And, and I've done that over the years, I've done the dip in and out and the microdosing and the pieces, and I don't feel it's of the highest service to me, I feel it's like the deep dive, and then the integration,

what does the integration look like? And I'm assuming that it's different each time. Last time.

Yeah, it's different each time, it's just being really, really present to what is looking to integrate through. Because I feel you can still go and sit in ceremonies and work with medicine, and then not respect the integration process. And then you're only getting maybe like 20% of the benefits from really, we've seen people do this.

We've seen people not respect the integration through the physical body. And we tell them after the Peru retreat, we're like, hey, it's really important for the next few weeks that you eat, this isn't this and you don't need this. And we've seen people literally go and eat the complete opposite 24 hours after this retreat, and then call us I'm vomiting, I'm sick. And then we're like, well, we told you what to do and what not to do. But it's important. It's also important like with your energetics as well, like, you know, you probably don't want to go into a crowded space, a huge event or something like that, like unless you really like in your mastery, you know, something like you where you're like, okay, cool. I can handle this, like bubble up. Here we go. But even then it's hard work.

Well, I remember flying back to Heathrow. Yeah. And it was at the time where there was, there was just a huge, it was a mess. And there were people arguing and there were people fighting, and I remember being in the queue because I couldn't find my bag. Yeah. And this woman was having this really tough discussion with one of the staff from VA. And I just I was crying. Yeah, like, I just felt it all. I was so open

after that experience. It was it was really I remember messaging you crying like what's wrong with me?

It's fine. It's normal. It was very open right now. Yeah, it was Peru was really quite extraordinary. And again, I feel like the bar has been set way too high. Now. I can't I can't imagine sitting with anybody else. Because everything about the experience was so exquisite. Like the retreat centre, magical fairy land or walking in a fragment of my own imagination. Michael toner, we're not in Kansas anymore. No, it was so beautiful. And people. The constellation that was created and attracted in was just so exquisite. I remember feeling like, though, Am I doing it? Right? Because my experience was. So it was really beautiful, actually, for the full 10 days. And I think that I had been expecting to be taken to the deepest, darkest depths. And actually, when I did have challenging moments, I was just able to, to work with it. And you've said this many times. And I think that when I was first expecting to have the experience that I would lose my mind. Because I have journeyed with Bufo. And that experience, you do lose your mind yet. So I wasn't really expecting to be lucid at all or in, in control. And I think that that was the beautiful thing is that when I wasn't in control, but my mind was still present. So I was able to notice when I wanted to hold on. And when I wanted to grip Yeah. And I was able to release and whenever I speak to people about my experience, I'm like, if I could tell you one thing, it would be don't try to hold on the moment that you go into resistance is the moment that everything just becomes hard becomes hard. Yeah, yeah. So the pace of releasing was very, very quick for me. Yeah. And I think that that really supported me and having quite an exquisite experience.

Yeah, you did amazing. And I think a big part of that was because you were so surrendered. If people come into these spaces, and they're struggling a lot it is because they're trying to control it. Yeah. You know, and I think these plants are master teachers have one of the biggest unlocks, which is surrender, you know, and it's like, it's not just surrender, like, oh, yeah, okay, I choose to surrender with the mind is actually surrendering. Yeah, physically, emotionally, like everything out on the table, like, Okay, I surrender. I'm here. Show me. I'm ready. Yeah. And any moments that you're not fully in that you can get your ass kicked, you know, with these medicines.

And I remember at the end of the, the end of the retreat, everybody was like, and what does this mean? And what does that mean? And I've taken these notes, I've taken this and what does this mean? I think I'm gonna like, run away and do this. And, and I remember you were in one power, like and relax.

Give yourself a day to leave. Yeah. And I made everyone promise not to make any life changing decisions for the next two weeks, because I'm like, you're integrating, you're still actually processing all the layers of these experiences and frequencies. And I've had things happen, like nine months, or even a year and a half after a ceremony. And I've been like, Oh, I saw this in a ceremony. Oh, yeah. Right. Oh, yeah, that happened. And I kind of forgot about it. And now it's like, it's almost like you have these relapses where you're in your life, and you're living and you're like, I feel like I've lived this, and you're like this in a ceremony, but it's happening later. Because that's when you were ready to actually embody it, you know. So, again, it's this time thing of the multi dimensional time and the time kind of flipping around

and spinning and like all of this, where you can come out of the story and be like, Oh, wow, like, that's really magical. But sometimes, it doesn't all happen a day after the retreat.

Yeah. And I think being able to release that expectation, I remember sharing with my community saying that it was incredible, but whether it will be life changing will happen in the integration. Yeah, of course. And now I can honestly say that my life has changed so much. Like it is insane in the most beautiful way. And that was a huge part. Like that was a huge choice point for Okay, who do you want to be now? What are you leaning into now? What are you leaning back from? Because I feel that this whole year has been about surrender. This whole year has been about not pushing, even though the mind has wanted to be like, Okay, you need to do this, or this should be looking like that now. Yeah, this shirt. I've released so many shoulds this year. And a big part of that was having to release and surrender and accept everything that was presented to me in Peru are so good. Yeah. Really, really good. Yeah. And then we did infusion

and then we did infusion, which was also totally different.

Totally, totally different. Totally unexpected. And the way that you describe it is the it's the mixing of the ancient wisdom to the plant medicine and the tech and quantum tech. Yeah. You've created this really, really incredible life where work does feel like play. Yeah.

I stopped working a long time ago.

Yeah, yeah. Everything feels so like you would do this for for free. Yeah.

When did you make the decision that you were allowed to live that life?

I think I chose that pretty consciously and intentionally. When was this maybe?

Maybe like nine years ago, a while ago? And I chose this because, yeah, it was about nine years ago that I created my first million dollar a year. But like this was before I was online, right? So this is nearly Yeah, 1010 years ago, because I was 23.

Correct. Just take

like, aside from the fact that you were 23 and just made a million which is also in and of itself. Amazing. 10 years later, like if somebody had said to you Within a decade, yeah, you will have a plus 33 million pound year.

What would you said? I wouldn't believe.

I mean, that's insane. Like, again talking about timelines. Yeah. That's not normal.

Let's make it normal. Yeah. Yeah, I know. I know. Yeah. And it's part of the time thing the time such a blow, I really have to like search. You saw me like searching for the timestamp. I'm like the moon. Yeah. So I remember, I did this first million dollars, I wasn't online at all, I created this offline. Speaking and coaching business in Australia, in New Zealand, I was running everything through meetup.com. So I almost had no expenses, because I was like hosting these meetup groups for free. And then bringing them into these workshops. And I did this, but I did it in a way where I was so stressed out. I was sleeping like three hours a night, I was super crazy. I had no team, everything was built around me and reliant on me. And I had this moment where I wanted to actually go to Bali with some friends. And I was like, I can't It's irresponsible for me to leave, everything will stop, you know. And I just remember looking at this, and I was like, There's got to be a different way. And I

looked at my life. And I remember doing this analysis where I looked at, like, my day, my day to day day. And I was like, how many things do I do every day that they actually love. And I was like, maybe an hour or two. I was like, That sucks. I was like, if this is what the rest of my life looks like, just because I'm going to be making money. I don't know if I want to sign up for this. Yeah, so I had a choice to either just remove myself and disconnect and be like, I don't want to do that or choose to work with money in a completely different way. And so it was it was then I made that choice. I was like, Okay, I am only going to do what I love each and every single day. And there was a transition in that obviously, I then walked away from that company and then I was I had this time in Bali and I completely disconnected and whatever and then I you know started Regan Hillier International, which you see today, and other ventures, but I remember sitting down specifically and I was like, Okay, I'm gonna write out and anyone can do this, I still get people to do this. You can write out everything, you're doing a new life and a new business. And I say life and business. Because if you're cleaning the house, and you don't like cleaning the house, you write it down. If you're like walking the dogs and you actually don't enjoy it, write it down, like you write out everything you're doing every day life and business. And then I want you to circle the things that you just really don't enjoy. And for many people, that's gonna be like a lot of circles. Right? I then want you to start anything on that list that you're not good at as well. Yeah, I was like creating payment pages and click funnels myself. And this is not your zone of genius.

I was like designing my own like little banners for the graphics. And I was doing everything, everything. Right. And so then I created this list, and it was full of circles and stars. And I was like, Whoa, like, okay, and then one by one, I just committed to delegating them and figuring out how do I build a team? And how do I have some support just for this thing, right? Until eventually, you're like, you write down everything you're doing your life, you're like, Oh, this is fun. This is great. And there were some things that my team was like, we can do that for you. And I'm like, No, I want to do it. I like it. And they're like, Okay, we know you keep doing it. Right? So you can hang on to the things you love. But anything that you don't love and you're not good at gets to go.

What would you say to the people that are listening to this and they're like, Okay, but you decided that after you've made your first million, I'm still on, like wanting to get to 5k a month or two whatnot. You didn't do it now. Do it? Let's do it now, sir. Okay, this is a good example. When I started out online, I started out completely fresh. I didn't have any social media. I didn't know what I was doing. I knew nothing about like how to craft an online cause like I was completely like fresh baby had no idea, right? And I started that online company and I grew it to its first million dollars in eight months. Right. And this was not with a pre existing audience. This wasn't with like crazy investment that I went and took and put into Facebook ads. I did it totally organically. And when I hit that million dollar mark, in a month's time, I had less than 2000 followers. On my Facebook, I didn't even have an Instagram page. I had an email list of like 800 people that I'd built up over that year. Like that's it, you know,

also there was a little story about the fact that you didn't have any money in the bank account when no first started. No, I didn't. I was like paying off all these debts and like I'd invested so much in coaching and mentoring and I had personal loans and credit cards and my loan from university like just all this crap Yeah, so no, it wasn't like, oh, this morning, I came online and did this. I was like starting again, starting fresh starting from zero. But I did it in a way where I was like, I gotta get this list, right? Because I'm doing it on my terms this time, and I'm not gonna do it in a way where I'm burnt out, and I'm exhausted, and I hate what I'm doing every day. So I did it that way. And and it's so possible, like, even when we're at that million dollar mark, and eight months, I think I had 14 members. You know,

what was it? I feel like you have to have a specific relationship with money even back then, in order to have allowed that amount in that period of time. What was the money work, and the relationship that you had been formulating before you started in the online world to help that?

Yeah, I was so crystal clear about it. And I chose it every day. Like there was no other option. Like, I would literally sit down and write out like, Okay, this is going to be a million dollar brand within a year. Oh, I chose that over and over again. I declared that every single day I breathed that it was my centre point at Yes. Also obviously, like the impact the service, the contribution, all the things that flow into that. But the money piece, I was so clear, I was so specific. I was so precise. My energy was so behind it, and I had no other. There was no other option. It wasn't like an energy of like, oh, well, that'd be nice. So like, let's see, or like, could be in a few. I was like, that's, that's done. That's it that and so when it happened in eight months, I was like, yay. That's awesome. And I chose that. That's awesome. And that feels very normal. Because I've been in this energy. Like, from the get go from the minute from the second I set up like the first Stripe account and the first PayPal, I was like, okay, a year from now, these are going to be the numbers I was so clear, is that because that's what you'd come back from. So there was no way that you were willing to start another company, and it'd be turning over less? Was that the mindset that you went into

it with? I think that was part of it, I think was part of it? For sure. I think, I think definitely once you've created something in your life, the only circumstances can change, but you have a deep knowing that you're just gonna do it again. Sure, you know, and, you know, it was the same the first time around with the offline business as well. I was like, super, super, super clever. It didn't happen by accident. I wasn't like, Oh, that's so random. That have I was I was really, really crystal clear that that's what was happening.

Here's the thing, something that you just said, which I think is really, really important. What you just said is that once you've done it once you have this deep, deep knowing that you can do it again. I think some people forget that. Yes, they have the big peaks. And then they go into fear and contraction that it's never gonna happen again. And something, something stops or something breaks. what's your what's your thoughts on that?

I think it's a self sabotage pattern, for sure. And I think when that happens, people just haven't stabilised, fully the energetics of that amount of money. There's a

difference between, okay, okay, I'm gonna get to this money goal and hit it. Versus I'm a match for this. I'm a match for this constantly. Yeah, minimum every month, and there's no going back because I'm only going forward. There's no other option. Right. And it's, it's having your energy in that place. Because yeah, I've seen that a lot with people too. And they like peak and hit this like, yeah, and then crash. Yeah, it's like, well, the crash isn't necessary. It's also I feel it's a big, like, imprint in society tour. Like, we're often told, Oh, the highs and the lows, and it's impossible to always be making more money than last month. Well, that's not true. Like you can choose that everything can compound and it can build and it can accelerate. Like that's also a choice. You know,

that's a very common one that you have to contract after there's been an expansion. And you're the intention is you just don't contract as much as where you were before, but there should always be a contraction and expansion.

Yeah, and that's the thing like if you know, like, let's say you're hitting 10k For the first time your first 10k month and you know, you're about to hit that like you shouldn't be focused on that energy. So much of 10k You should be like in the 15 cage. Yeah, the 20 should be like doing all your work to stabilise that and then when you're in the 20, you should be stabilising the 50. And like, you know, it's like you always need to be those those few steps ahead and doing that work and seeing what the resistance is and clearing that and stabilising that so that when you're there, you're like, Well, of course it'd be a 10k because that's my stepping stone to my next month of 30 or whatever it is, you know,

you don't sound like you had much guilt or shame that you are carrying with you in relation to money when you started your business. Does that does that feel true?

Um, I think it was like dependent on what environment Since I was in, okay, so if I walked into a business event and people were talking about money, I wouldn't have too much of a problem sharing, like, I just did this. But if I was sitting with my family, then I'd be like doing everything to avoid the conversation. Sure. Yeah. I think it was like dependent on environments. So it was there. It just showed up in different ways for me. Yeah.

How did you move beyond the guilt and the shame with your family?

Um, it was a big one, you know, I realised pretty early on that I was running a big programme, in an attempt to stay in connection with my family. Yes. And so I was running a story saying basically, like, you can stay in connection. Or you can make money and break the connection. Yes, you have to choose. And I was like, I don't want to break the connection. So I think I think you, I think you heard me say this on a training once. But there was a moment in years ago, where I was like capping out at a certain amount of money per month. And no matter what I did, internally, or externally, I just couldn't seem to break through that cap. And I was like, This is so crazy. And I was in, like, internal exploration of this. And my dad's face just kept coming. And I was like, What is this? Like? What does this have to do with my dad? And then I rang him and I was like, Dad, what's like, because my dad, you know, he's run his own, like company, his whole life, and very much highs and lows, peaks and troughs, ups and downs. Huge he is. And then like, I don't know if we can buy food like extremes, you know, full extremes. And I said to most like, what's the most amount of money you've ever made in a month and your company? And he told

me, and it was exactly what I was capping at almost to the dollar. And I was like, thank you very much. And he's like, why? And I was like, Nah, no worries, I just need to process this. And so then I went into that, and I was like, Okay, I'm like my field, my energetics unconsciously trying to stay in connection with his Yeah. And then I realised, okay, if I choose to actually disconnect and generate more money, does that break the connection? Or does that maybe bring up his stuff potentially, to look at as a father or feeling like he's failed for the family, or whatever his story is, and I was like, whatever that is, that's his story. Yeah, that's not my story to try. And like, hold on. Actually, I'm doing him a disservice if I'm not sharing that story. So I chose to actually can disconnect from that while still keeping my heart connection with him specifically, and the rest of my family. And then we saw the money like we're like really, really, really fast. And it was really hard for him. My like nightmare of like, Oh, my God is going to affect him really badly happened, as well. And I remember flying my parents to Bali first class, and I told my mom and she's like, okay, but you can't tell your father it's first class and I'm like, Willie's gonna have to get on the plane. She's like, Yeah, but he won't even go to the airport. If he says the ticket. I'm like, Okay, well, I'm gonna send you the tickets. So like, my mom's the opposite. She's like, of course, it's first class, right? Like, when is the next trip? And my dad's having a meltdown, full meltdown. And, and so she gets to the airport, and they're checking in the ladies like, first class and my dad's like, what? And the lady's like, yeah, you have first class two tickets. My mom's like, yes. My dad's like, No. And, and then he's like, arguing with the girl to put them in economy. Wow. And wow. My mom's like, going crazy. Like, shut up. And like, grabs the tickets, grabs the big stones on my dad's like, they must be a mistake. Right? And she's like, No, your daughter has done this for us. Like just accept it. And he mum said like on the plane. He was like super tight, super tense. I couldn't deal with it. Like finally, by the end of the eight hour trip he like started to relax like right at the end. He gets off the plane. I meet them in the Bali villa. My mom's like, hello, darling. Like super happy. My dad's like, firstly, you can't even say hello. He's like, why did you book those plants? Wow, he's freaking out. And I was like, Dad, I was like, I want you to receive I said, You're my father. And you're my family. And I only travel first class now. And this is this was still pretty new for me at that time, too. And I was like, so why would why would I pay for a fight for you? That's not that you will me and I'm you're like, what? And he literally started breaking down. And he started saying like, how much of a failure he felt for the family and how he could never have done that for my mom and for us as kids and like, it was full on and I just like held him and that and it was super emotional for both of us. And then I told him I was like, Dad, you've been the best dad ever. And what I'm doing now with my money and my success in my life, it has nothing to do with your lack of being father at all. Like this is two completely separate things and I literally got to mirror that back to him and he got to a place where he was like, okay, okay, okay, you know, accepting it in his in his own way. But it was such a big moment for me because I was like, that's what I was scared of. And then it happened. Yeah. And then I got to deal with it. And he got to deal with it. And then he shifted past that stuff. And I made more money and everything's okay. But imagine if I'd stayed in that loop, you know?

Yeah. I think that I don't like to use the word test because as soon as we start talking about test from the universe, I get the old paradigm of God being like, dodging Yeah, yeah, yeah. So it doesn't feel so great. But it's the only word that I have. And I feel that the test happens often before the breakthrough. Yeah, to see, are they able to hold it? Are they ready, are and and so we get to look at the challenges and interact with the challenges. From a much more powerful standpoint, if you know that this is happening, because it's prepping you for the next level. Yeah.

Oh, for sure. Yeah. And that's exactly how I see it. Like, whenever anything challenging, like pops up or happens, I'm like, okay, breathing, this is uncomfortable. This means that we're really close to a shift, we're really close to a breakthrough, really close to like tapping into a next level. And I think often with these next levels with money, or purpose, or impact, or any of that there's, there's sometimes needs to be a clean out. Yeah, in order to create space for the new vibrations to come in. I've seen this a lot with relationships in my life, you know, even, it's interesting, like, you know, there's some clients that have been with me, like, like you write for so many years. And the reason you're still here, and you're still synced in that field as you're doing that work. And so as my frequency raises, and I become a whole new version of me as a year, so we're still matching, you know, and I believe will continue to match for the rest of his life. But not everyone. Yeah. And there's no judgement on that. But some people that will like Oh, my God, for example, you like my dream coach, like five years ago, now I like, maybe super triggered by me or like, not in contact, or just just on in the vibe or not doing this work, or like, oh, I don't quite get it anymore, whatever it is, but maybe you know, they needed to Claire and release out of the system, in order to create space for that. And that can be really hard, can be really challenging. I think, especially for everyone listening, who's a cartridge, and like, sometimes you go really, really deep with people, and then they can either, you know, drop away, fade away, or like dramatically leave your life can be really tough. I think these have been some of my biggest tests are like, are you really ready for this next piece, because this, this isn't a match and this needs to Claire,

I'm so glad that you are sharing that piece. Because I think that people definitely have that fear when it comes to personal relationships. And also there is something different about the coaching relationship, especially when there's it's a kind of a weird dynamic, because you care so much for the people that are closest in your life. When it comes to the business. You see them when they're crying, you see them when they're when they're up, you see, you see the expansion? You see it. You're you're there for all, you're there for all of it. Yeah. And also, then you're there, your client. So there's also the financial exchange. And that just makes it I think, sometimes it's like, does the client know how much you really love them. And at the same time, there's a payment in there for your mentorship and your leadership and your wisdom and your skill set. And so there's this kind of weird, interesting dynamic that is happening. And then like I say, what Andrew said, You go deep with these people. Yeah. And they reflect to you how much they love you and you love them. And then all of a sudden, it can be like, boom, yeah. How have you dealt with that? Like, what is your process, when you observe that or you're in the middle of that happening?

It's been really tough, because I care about people so much, as well. And I feel I go so deep in my heart with the people that are close to me, that it's been really hot at some point. And it's interesting, like when I started even before I was online, I was really scared of that happening. So I just didn't go deep with people. They were clients and their clients and their clients. And if you'd asked me like, Are they your friend? I'd be like, no, they're my client. Yeah, even if I wanted to be friends of it, I had such a strong boundary on that. Yes. And then I realised, okay, I have that boundary out of a fear of being hurt. Yeah. And having my heart hurt, allowing my heart to be hurt and some level and so then I was like, well, that's no way to live living with this big bowl around my heart with people that I actually care about so much and I'm going super deep with sorry I dropped the wall away. But then when some of those things happen, it can be really painful. It's like a breakup can feel like a break. It can feel like whoa, oh my god, like, now this relationship was like, so they are imprisoned in my life and then gone, you know? And yeah, for me, I'm just always really gentle with myself, you know, and just just really present to what do I get to learn in this exchange? And what are the unlocks and respecting where they're at always, you know, and, and holding them in the highest or ways. But yeah, it's like hard on the hot sometimes.

What I hear is that sometimes you just have to allow the pain.

Yeah. And allow yourself to feel it. Yeah, for sure. Yeah. And I would prefer to have those moments that are a little painful rather than live with a god around my heart. That's my choice. Yeah, yeah.

I feel like your heart has got bigger and bigger and bigger, and bigger and bigger. And it's interesting that you say that when you first started that you had the protection. And I wonder, and you still describe yourself as an introvert as well.

Yeah. And I think that when I first started working with you, I was much more aware of you being an introvert. And as I say, I feel like your hearts got bigger. So does the introversion have anything to do with the heart space? And so that's the first question, I'm going to ask you another one about your heart. And

does the introversion have anything to do with the heart space? No, look, I think you can be extroverted and still be guarded around your heart. And this is also the question has the heart got bigger? Or have the walls dropped away? More?

Oh, the same? Yeah. Right. Yes.

Because I feel a lot of the work I've done specifically around my heart hasn't been so much like, How does my heart get bigger? Yeah. But it's actually be like, how do I live more from the heart that's there? And how do I allow myself to be like, brave enough to go into deeper levels of the heart? And how do I choose to be even more open and living from my heart and my expression and in all my relationships, my intimate relationship, my clients, and my friends, all of it? In that way, where it's like, the hearts wide open? Yeah. But is it getting bigger? Maybe it is? I don't know. It's for me, I say that we're the generator and the conduit for love. And so it's just how much more love can you allow to flow through space a Shah, and as somebody who is definitely an extrovert, but really it was in Mexico that I realised that I had literally been living my life with my heart, almost behind bars, I put it into its own cage in order to protect myself from a very, very, very early, pre pre awareness wound. Yeah. And I'd been protecting myself with my kids, with my then partner

with my friends. Everything was about protecting the heart. Yeah. And now I'm like, I'm willing to have my heart smashed into 1000 pieces, because I know that my heart can actually handle that, like, my heart is really strong. And the flip side of being willing to have your heart broken is the experience of so much more love. Yeah, in my life. Yeah. And everything that I do. Yeah, like that. The trade off is worth it.

Yeah. I remember ceremonies sitting in ceremonies in Peru, even with the group and just having like, these huge hot upgrades and expansions. And, you know, it's interesting in that ceremony, I would have told you probably Yeah, my heart got all expanded and everything but looking at it now, from this perspective, I'm not sure it did. I think it was more like dropping away these walls and these cages and, and you know, when you hear that, you're probably thinking like, oh, you know, that must be really blissful and nice. It was really painful. And I remember like, sitting there just crying with the pain of feeling like the intensity of my heart. It was so intense and like, and just feeling like these parts of my heart like cracking open and coming alive again, but it was like even physical pain in my body. And I was having to like really breathe and like, make sounds and everything because it was like, oh, and I was crying. And then I remember while I'm pooping like you okay, like, You're crying a lot. And I was like, it was because my heart is open. It's so good. It was like, okay

I love living with an open heart. Yeah, and Okay, it's interesting because there's a difference between being open hearted, and having your heart open. Because I feel like I work with so many people that would describe themselves as an open hearted individual, their, their heart centred. They love people and, and so many of us relate to that, but it's different from your heart actually being open. Yeah, it is a game changer.

It is. And it's a choice and we need more of it.

We need more of it. Yeah, I when I was talking about your 33 million, I was saying that I felt that that was directly correlated to how much love that you have for the world for the people in your world. Because when I say that, I know that there are some people who are like, Yeah, but it still doesn't make sense. Like, really? Is it just about the love? What do you say to those people?

Yeah, I feel I feel that is the underwriting frequency. And I think I told you this in a conversation maybe a year or so ago, but I felt like I was expanding into just caring even more about people said this inquiry was in Peru. Yeah, sorry. Yeah, it was like this. Yeah, this opening into caring even more, because I cared a lot, even a year ago. But it's like this deeper care, this deeper love this deeper commitment, this deeper, just wanting to absolutely be the best and provide the best and hold them and the best and like this next level, like, just just really caring, you know. And I feel like when you really embody that vibration, and it's true, and you hold it, and it ripples through your team, and all your products and your services, like there is something really magical that happens, because there's not a lot of that love and a lot of places in the world, you know, and I think the world needs more of it. And people are looking to be held in that way. And even if they're receiving a \$10 product online, if it's coated with that frequency, like they do feel it, they really do feel it and yeah, there's been lots of shifts and upgrades within my team as well over

the last year, and I think this is one of the one of the biggest upgrades is like they will care even more. Yeah, and I kid before, we were always like very heart centred, very loving, very, like family vibes. But it's like a whole new level. Now, I don't know whether you saw that they made me like, video, my birthday. And I'm like, what? And it's funny, because they've made a video for my birthday every year.

But it's not usually the clients. It's usually

Yeah, I never see it, they have this role. They never tell me about it. I never asked for it. Like, they always just do it. And actually this year, I didn't think they would do it. Because a lot of my core leadership has changed. And so these are new people within my core leadership team. So I was like, Oh, they don't really know about the video thing. I was kind of thought you know, the person that was organising it isn't there anymore, so there probably won't be that birthday video. And then sure enough, the birthday video pops up. And I'm like, what, and it's from a whole new vibe. It's

like, well, it wasn't just the birthday, I've written a song, like

I know, wrote a poem. And but specifically, if any of them had animals or their animals or in the video, yeah. And like, I miss it, Sheena, one of my girls. And I was like, she had like a cat on her desk. And I didn't even know she had a cat. So she had like two cats like, it's like she has so many cats, like, and that's why I wanted them all to be in the video, because I'm so grateful for you because it's from this work, that I can take them to the vet that I can feed them that I can even have this many cats, and I just love this, and I love you so much. So I wanted that to be in the video. It's just, it's just a whole new that I looked at it and I was like, this is the vibe, you know, this is the vibe through the through the clients through the team through the products through the services through the Alpha ventures and other companies that are like springing out of this commission and everything but like, it comes back to this vibe of people just like really caring even more. And so that's a big piece for this next cycle. And this next year, it's like okay, and now how do we get to care even more? Yeah, and how we get to love even more and express that even more and hold people even more and like make it even more epic. That next next next level

and my whole body's just like you speaking it's really lovely. Yeah, I'm thinking about the people who are listening to this right now who are struggling a bit or feel like they don't have the capacity, but at the same time really desire a breakthrough really listening and like I want to have that experience as my life. What do you say to those people?

I would say to choose to have the breakthrough. Choose to have the breakthrough. Yeah, and when you surrender the struggle, and you realise that your external circumstances are just a reflection of all of your past decisions, actions and beingness. And that doesn't depict that next future, it doesn't depict tomorrow, it doesn't depict the next year. And if there are things that happen tomorrow, it's because of those choices and vibrations and embodiments or not. So at any moment, you have a choice to create this new future and this new reality, but it takes courage to fully disconnect and be like, oh, you know, I remember I moved to London when I was 17 years old, I moved out of harm. I was like, well, the furthest place from New Zealand is London. So I'll go there. I moved on January the fourth,

it was freezing. There were three hours of daylight and I was like, What am I doing? I was teaching music to kids in a school, I was working in a primary school and naturally I didn't know one person, not one human right. The people would be like, Oh, you're the new girl. You're Reagan. Hi. I was like, hey, and then they were like, who are you? And I remember at 17 Having the weirdest feeling where I was like, I can say whatever I want. I'm not reading the 17 year old. I'm not Reagan that went to the school. I'm not Reagan from New Zealand. I'm not Reagan, the music girl. I'm not Reagan did that. I was like, I can tell them anything. I had this moment at 17 where I was like, What if I told myself anything? What if I decided I wanted to be this now? Well, that now? How my next? Yeah, look, I think it would look different. And I just remember having this moment where I was like, this is really cool. Yeah, this is really, really cool. And yeah, there's just this cool place you can sit in when you realise you actually can claim your power back. And that way, you can choose who you get to be. And, you know, when I was like, over like multiple, six figures, and personal debts and loans and credit cards and all this stuff, if you'd gone into my brain and be like, What is she thinking about? What does she focusing on what she writing down in her journal, like someone would have probably put me in like a mental institution, really, because what I was dreaming into declaring and sculpting for my life was so far from my current reality at that times, that you would have probably literally mocked me as insanity and being like, I think you need to get real with where you're Yeah. And here's the thing, I wasn't bypassing where I was, I wasn't living in Fairyland, I was also like, okay, and I'm gonna take this credit card and pay it off with that one and shuffle this around to make the minimum payment of that, like I was doing it. Yeah. And I was like, that's done. Now. I'm gonna live a life like this. Now, I get to create in this way, now, my money experience has to be like this. And I would just align myself fully to that. But the gap was so big, it was so big. So if someone's in that place where they're like, but my life like, yeah, and what are you creating from now?

What's the difference between the people that say that they want it, and they're doing it and they're ready. And still yet Three years later, they look like they're in the same position as they were three years prior? And you who says, I want it, I'm doing it, I'm ready. And then 10 years later, you're like, I'm 33 million in 10 months? Like, what's the difference?

Well, I think, are you doing the internal work?

Are you doing the work? What about the people who say, Yeah, I am doing then are you doing the internal work that works? Really, because I also know a lot of people that are like doing a million hours of personal development or spiritual things, or they're sitting in iOS ceremonies every weekend, but like, Is that useful? Yeah, is it working like, are the tools that you're tapping into working, because if they're working, keep using them, and you'll get results. And if they're not working, then stop. And something also may work for you until it doesn't work? In which case then stop using it, but something else? That's why I'm so like, careful with people and with my words on like, interviews and things like that, because often on like, you know, normal podcasts, they're like, what are your top three things? Like, I'm very hesitant to be like, Oh, journaling is the magic pill. So that was like, it's different things at different times for different people in different moments.

Yeah. So it's really important you tune in and commit to doing this work, but also, is that the right work for you? Yeah. You know, like for some people, it might be more embodiment work, it might be more like this stuff in your physical body blocking the embodiment of those frequencies, okay, then do that work? Or it might be like, you have like this deep past life trauma stuff, like we talked about earlier going on.

Okay, then work on clearing that and maybe that's through journaling, that maybe that's through past life regression, maybe that's through working with medicine ceremony, like, I don't know, right? And so I feel there is this mastery that's required around like, okay, cool, where am I at what I want to be and also what are my tools? Because the tools are super important, and some people are like, if you're just like sitting there with your journal, writing things out every day and it's never worked for you stop doing it.

Oh, stop. Yeah, it makes sense.