

## Infinite Receiving Podcast

### Title: How to Go All In

#### Ep 23

#### Transcript

This is the Infinite Receiving Podcast, helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth. And I'll be sharing with you how you can upgrade your reality through Quantum transformation because you are ready for Infinite Receiving.

Hello, Hello, Hello you gorgeous human being it is Suzy Ashworth and you are listening to the infinite receiving podcast and I've got a great one for you. Today we are going to talk about what it means not really what it means because I think you know what it means we're going to talk about how to go all in it's a how one is a how we do this shizzle. And let's just address it. What do we mean, when we say that we're going all in? We mean we're fucking doing the thing. We mean that I am not going to put my little toe in and say kind of. We mean that we're not like, I mean, I'm out. I mean, I'm out. I'm shaking it all about there's no hokey cokey, when we're saying that we're going all in, we're saying that we are all in no matter what. And I think that this is one of the scariest commitment that we will ever make to ourselves, in our lives, or in our businesses. And I really invite you to play the I'm going all in on my life card today. When I say that, it makes me feel really, really excited. Like, what's it going to mean? How is it going to shift things in your world? If you commit to playing at life, at giving it giving it 100%? No matter what, what would it mean to your business? If you're like, Fuck it, let's do it. I am in I am putting the worry I am putting the fear I'm putting the guilt I'm putting the shame I'm putting away the potential embarrassment, I am putting away every single one of the stories that I have been living for the last however many years about why it might not be possible, why I might not be worthy, why I might not be deserving. And I'm just going to go for it. How would that change your life? If you are ready to play this game?

Join me every week on the podcast of VHS but if you actually want to do it with me, come and reach out, ask me how we can play together. Because there were lots of spaces where we can play at this together, including the portal and including a send my High Level Mastermind. Anyway, I digress. How do you do it? First of all, number one kind of just been doing it here. You got to decide, you have to decide that you are going all in to make the decision. A lot of people won't even make the frickin decision. They're a bit Right. Kind of think about it. Can we talk about it

tomorrow, I might go all in next week. I am gonna go all in. I'm all in kind of. I'm all in but I'm all in. But we have to make sure that this this, this this and this was all lined up otherwise it doesn't really count. So first of all, you got to make the decision to actually be all in. Then step two is you got to commit making the decision is not the same as committing to it. Making the decision is like one sentence. I'm doing it. Let's let's do it. Let's go. I'm in like slim baby. That's one sentence. But the commitment is about the follow through. And I do genuinely feel that lots of people get decisions and commitments mixed up with each other. And so we are going to detangle those two words and you like now are going to understand you are going to integrate you are going to anchor in the knowing that just because you've decided doesn't mean that you've committed and if you are really willing to go all in you are going to commit to living into going all in on life on business on on it all. Number three. What is required once you have committed is to take aligned action moving you towards fulfilment of the intention. So we're going broad when I say going all in on life, but you can break this down, it might be going all in on the relationship that you have, it might be going all in on being the best parent that you can be might be going all in on the next launch that you have. We break it down and we ask ourselves, what is the next step? What is the aligned action here? And you commit to taking it no matter what you do it no matter what. People don't like the sentence no matter what, because they think that what they're committing to is like selling their firstborn child or, you know, throwing their entire family under the bus or they can have a great launch. No, we're not talking about that. But we're talking about not being willing to let your stories and excuses your fears of failure, success, shame, guilt, doubt, all of the all of the juicy ones, we are saying that we are not going to allow those things to stop us from taking the action that we know that we need to take in order to stack the odds in our favour for creating the thing that we want to create. The number three is we take aligned action no matter what. Number four positive expectation, we expect the best over time, and the over time piece is really important. Now, as somebody who comes from a traditional sales background, I, I actually do okay, with deadlines, there's very little you must do, that I that I love. I'm too much of a rebel, but when it comes to a deadline, often is helpful for me. However, what is also true for me, and the majority of people that I've ever worked with, who don't love deadlines, is that often the moment that we put a timeline in place, it creates a contraction that doesn't allow us to perform at our best. We go from this expansive place of possibility and hope and desire into this contracted fearful scarcity base and lack based mindset, there's not enough time for me to do what it is that I want to do, and that feels crap. So the invitation for you is when you are going all in no matter what that you're willing to put the time that it takes in no matter what to create. What it is that you want to

create. A successful business isn't about one launch, a beautiful rich relationship isn't about the next date. You know, being an amazing parent isn't about the one time you lose your shit in the park. And tell your child off in a way that feels unjust to you on reflection is not about one anything when you are committing to going all in on the broader story. And then, as I say, you can break it down into the launch that this that this but understand that the success or failure of that one part is just one part of the entire journey. It's one piece of the puzzle. And is not there's no get out clause, when you say I'm going all in, you're like, Okay, I've experienced this piece. And this is the feedback I'm going to use for the next stage of the journey. Thank you very much. Knowing that if you put your best in over time, you can't help even if it takes a lifetime to see the success that you desire. And in with the small chance that over a lifetime of giving your best you were not able to achieve what it is that you want to achieve. You will have had the most exquisite time in in the journey of getting to where it is that you desire to go. Because if you have chosen to go all in, on life, really operating from the highest vision that you have for yourself in who you be and how you love and how open you are, and how caring you are, you know operating for the highest good of yourself and everybody that you come into contact with what type of life do you think that you are going to live? I mean, it's going to be a beautiful one. So over time, expect the best and number five, but be willing, be willing to have your heart smashed into a million pieces. I always feel like that is the last point. And I feel like that's a bad one to end on. But the reality is is what stops a lot of people going all in is the fear of failure. We can switch that to four. We can switch it to 4.4 Be willing to have your heart smashed into a million He says, Be willing to fail, it's okay. Because if we apply point five expecting the best over time, and you show up in life, from the highest vision that you have for yourself, what type of life you're going to live? That works, doesn't it? That works. We can point four is be willing to have your heart smashed into a million pieces, be willing to be vulnerable, be willing to lose, be willing to fail. Know that that in a world of infinite possibilities that failure is definitely possible. But and at the same time, hold the space the knowing that over time is safe for you to expect the best because when you're operating from the highest vision that you have for yourself, the life that you are going to experience in the journey gets to be exquisite. How about that? So are you with me my friend? Are you willing to go all in? Tell me let me know on Instagram. Share this with a friend who needs inspiring you need a little bit of a nudge in the right direction. And I will be in your earbuds next week. Please remember in the meantime faith plus action equals miracles Thank you for listening to Infinite Receiving with me Suzy Ashworth. I'd love to share with you my infinite receiving activation audio. Go to <https://suzyashworth.com/activateinfinitereceiving>