

Infinite Receiving Podcast

Title: is plant medicine the missing link

Ep _26

Transcript

This is the Infinite Receiving Podcast, helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth. And I'll be sharing with you how you can upgrade your reality through Quantum transformation because you are ready for Infinite Receiving.

Hello, hello, hello, you gorgeous human being it is Suzy Ashworth here and you are listening to the infinite receiving pod cost. I had an overwhelming response as to whether I should or should not include the singing in the podcast. And I've decided what the heck, let's do it. It's me, it's there. I literally have to stop myself from doing it. Why would anybody want to do that? So is back. I'm back. Like it or, or Lampitt? Right. Let's get into it.

I had a question from one of my clients. And it was a super interesting question all around plant medicine and the impact that it has had on me and my life. And I think that the question that I want to answer, which it's not exactly the way that she said it, but the question that I want to answer is, is plant medicine, the missing link? And I feel really, really strongly that the answer to that question is no. So if you are somebody who has never felt called to sit with plants, or feels an uncomfortable pressure around whether you should be doing iOS go or tree of life, or your Boga or whatever the bar's medicine of the moment is, I want you to know that if you're not 100% Feeling aligned about it, then you shouldn't do it. I feel very, very grateful to have had really quite incredible experiences, every time I have sat with medicine personally. And I have also seen the flipside of a bad plant medicine journey that has lasted for years and impacted many. And so whatever the decision is that is made, you should never go into it without putting a great deal of thought. And I think preparation into what the journey, how you were showing up for the journey and what it is that you want to receive from it. I think that that is, at the very least what a person needs to do before they go in and journey with any medicine and particularly plants.

Now, what I have seen, and what has been true for me, in my experience, is that most people, whether it whether you would say it's positive or negative, and when I say negative, I really mean challenging in the moment, most people, given the right circumstances on the right day of the week are going to have a profound

experience with medicine. And mainly because and the reason that it is so powerful is that it helps us bypass the conscious mind. It's so rare, that we are able to engage with life without processing through the neocortex and trying to make sense of what it is that is in front of us trying to make sense of the environment around us. There's something that happened and it's different for each medicine. But often there is something that happens where that the thinking part of our mind just gets to take a little bit of a break. And what is opened up to us is the what is beyond the five senses. And we get to step into the realms of infinite possibility we get to step into the dream world. And sometimes that dream world is a direct extension of ourselves and other times we feel like we have access to alternative realms and that for anybody, for most people, especially when you've done the preparation is going to be a profound experience. And you can leave and sometimes people will get this in one night. I know that many of my teachers are like one night is not enough time for you to do the work that is needed to be done. But you might, you might do one night and feel that other people three days, five days a week, 10 days, whatever, you leave the experience, and you're like, wow.

Now, what I have witnessed firsthand is that a wow, experience does not change your life, having something happen that is profound in the moment is not the life changing piece of the journey. And I remember coming back from Peru, very consciously saying, I'm not going to tell you that this was life changing, because I actually need to change my life. And all of that is happening with the same habits, the same thoughts and beliefs often, but not always, that you had before you experienced the medicine that the medicine offers, and gives you as an increased level of awareness. But it doesn't necessarily change the habits of a lifetime. It doesn't necessarily reprogram all of your subconscious thinking about your own wounding with your mother, it might do. But it's not necessarily true that it does. And still, even if it feels like it has a who you are in the moment requires you bringing a higher, bringing your higher self to the table, when your mum still says something activating because she's coming from her wounded inner child, I'm projecting onto you, you still need to elevate, and the medicine might have shown you how you can do that. Well, the medicine might have shown you your mom's story, so you understand her better. But still in the moment, you have to have done enough work or have enough wherewithal for your intention to be quicker than your ego, for you to show up differently in that situation. And so, last year, I did two experiences where I got to sit with medicine. And both of those experiences were profound. And I would say that both of those experiences were life changing. But did it mean that I earned more money? Did it put more money on my bottom line, which is, I think it's an important thing to talk about when we're talking about

entrepreneurship, because I think that certainly not with the mentors that I sit with other teachers that I sit with. But a lot of the time people are like, Oh, this successful person is doing it, that that's the reason that they're earning more money, I need to do that. And that No. Will I earn more money over time because of who I am becoming as a person because of those experiences? There is no doubt in my mind. Absolutely. But if you think that that's the missing link to seven figure years, or six figure months, let me tell you that it is not. What is also true is that in witnessing people who go on these experiences, many of them have the wow moment and then go back and are exactly how they were before they went. And then they'll go and do another one and be exactly who they were before they went and did the last one, like the integration of what it is that you learn in the medicine ceremony might take you a year. And so yeah, you can layer them up month after month after month or quarter after quarter. But the transformation happens in the integration and in the grounding and the anchoring in of what it is that you've learned. And there's so much that can happen in a ceremony that you won't understand until six months later when you're opening the fridge and you're like, oh, oh, oh, that's what that meant. And so the ceremony is one thing, integrating what you've learned in the ceremony is a thing that will change your life. And sometimes working with a specialist on that is super helpful. Other times it will be a coach. Other times it will just be your peers who are on the experience. But my point is, is that that is the work. So is plant medicine, the missing link? No, you are always the medicine and to Is it a profound and incredible tool that can help accelerate your level of consciousness and way of being in the world? Absolutely. Absolutely. When you treat it with the reverence and honour that it deserves, and understand that that doesn't happen in a night or five nights or 10 days. That is a commitment to a lifetime of connection and intimacy with the truth of who you are. And from that place. Of course, you're going to amplify your level of receiving across every area of your life without any doubt with money. He being one of those areas if you are committed to doing the work with money, you know relationships being one of the areas if you are committed to doing the work with relationship first with the relationship with yourself and then seeing how that then applies to all of the other relationships that you have intimate and non intimate. So this is my take on plant medicine.

I hope that this has been interesting and useful. And do me a favour if you've liked it, let me know on Instagram I always appreciate a tag but what I would love even more is to share this episode with a friend. Take it easy. I will see you next week. Please remember that faith plus action equals miracles

Thank you for listening to Infinite Receiving with me Suzy Ashworth. I'd love to share with you my Infinite Receiving activation audio. Go to Suzyashworth.com/activateinfinitereceiving