

Infinite Receiving Podcast

Title:

Ep _30

Transcript

This is the Infinite Receiving Podcast helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth and I'll be sharing with you how you can upgrade your reality through Quantum transformation because you are ready for Infinite Receiving

Hello, hello hello you go to human beings it is Suzy Ashworth here and you are listening to the infinite receiving pod QA just the last time I said this, it was four days ago, I was sat on stage in front of about 150 160 people. And I was sat next to the beautiful the legendary the pop icon Sunita Malone. I feel like I've almost done her a little bit of a disservice by including her surname because there's only one. So Anita Tatar TA. And it was an incredible interview, and I cannot wait to be able to share it with you. Sunita drops so many incredible bombs, I think that you get to know her a little bit better. It's just everything was amazing. And for those of you who don't know, this live podcast recording took place on the evening of day one of the quantum shift. And this is what this episode is starting to peel back the curtain on. And I say starting to because if I'm really honest, it hasn't landed with me exactly what went on over those three days. I am probably a little bit shell shocked. I am deeply humbled, moved and touched by the incredible feedback that I've received. Since people have left the event, the number of tags and shares and our hearts and breakthroughs and realisations like just it's quite wild. And I keep messaging my friend, Laura Hudson, who was the host, for the three days, saying what has happened, what has happened, I don't know what happened, what happened, which is probably quite annoying. But that is where I am right now, having said that, there are some things that I am aware of that I take from the event. And I'm going to be carrying through into my life that I want to share with you. And I'm just excited to see how many more lessons come through as everything really starts to be fully integrated. But here's what I've got for you so far. Lesson number one from a quantum shift is to trust the process. And trust your process. putting together an event like this, there are so many moving parts. And what I am wildly grateful for, is to have such an incredible team that really took responsibility for making sure all of those parts came to fruition. And I'd also had practice with the events that I have put on before in the past, just to know that when push comes to shove, at the end of the day, you are going to get exactly what you need from that event in terms of the learning and the upgrades. I have Touchwood been very lucky,

up until this point to never have any disasters. But I genuinely believe that the way that I interact with life and look at in inverted commas mistakes in general means that even if I were to have a disaster, I would be able to extract the lesson very quickly. And if you can extract the lesson can you really call it a disaster? Or is it just something that you needed to learn? By trusting the process you stop yourself from needing to overthink go over things a million times try to manipulate how people might perceive or receive certain aspects of who you are or what's going on in the event like all of that. I can honestly say in this process just fell away there was none of that And I was just able to ask questions. You know, do we know what is going on with my outfits? Do we know what jewellery is going to be picked? Do we know what is going to be? How are people going to be shepherded from upstairs to downstairs? What's the timeframe? Like, I was just able to ask questions. And every time I asked a question, somebody either gave me the answer, or told me that they would find out the answer. And that got to be more than good. It was great. So I didn't need to go into overthinking mode. I didn't need to micromanage everything, I just got to trust that everything was unfolding exactly as it should do. And it did number to dream bigger than what is allowed or feels reasonable. It is wildly unreasonable for me to think that me, Suzy Ashworth, a black girl from London, grew up in Kent, single mom of three kids, you know, finish school at 16. It's wildly unreasonable to think that I can be on stage, motivating, inspiring, changing people's perspective, not just on stage, but at BAFTA. That is such an unrealistic and unreasonable dream to have. And what I realised when I was stood up on that stage is that I was walking in spaces where other people, many other people, over the years have had unrealistic and on reasonable dreams that they made manifest. And we talked about this at the event that BAFTA isn't a place where dreams are made, it's a place where dreams are celebrated. And the whole weekend actually felt like a huge celebration of possibility, a huge celebration of what is possible, when you are willing to bet on yourself. And so this is my invitation for you. And there's a lot that I can say around attachment and failure and all of this stuff. But I just really want to encourage you to be wildly unreasonable with your dreams, be wildly unrealistic, and ask yourself Who is it that I'm going to need to become in order to make manifest this desire. And if you do that wild, wild, wild things will come to fruition for you, I promise you. Number three, I want you to simultaneously take radical self responsibility for your creations. If you don't know what you are making, you cannot expect somebody else to rush in and save you like they are your knight in shining armour. It just It doesn't work like that you have to take radical self responsibility for your growth, your development, your evolution, like it is on your shoulders, and creating environments that give you accountability for following through on being the person is absolutely paramount. I remember

hopping onto a call a couple of weeks before the event just to express my concern about the fact that I hadn't sold out the venue, and I was worried that was gonna feel half empty. And I was in my mastermind, and a couple of the women reflected some things to me. And the first thing was, you are a badass, like, you have so many things that you are creating and holding. And like, You got to remember who you are. This little pep talk was absolutely incredible. You know, I realised that I wasn't acting like the person who does sell out BAFTA. And so therefore my results reflected that. And what came out of that conversation was people offering to share on their own social media platforms about the event, and one person has shared, and I am so excited to say that one of their recommendations as ended up being a client. And the way that we got to that place was, again for me to stop wishing that somebody was going to rescue me or it was suddenly going to sort itself out, but actually just focusing on connecting and sharing about what was going to be taking place. And I'm just so grateful and appreciative that not only did I take self responsibility by going into the group and saying Help. But by saying Help, I also gave myself some informal accountability. Now, for me, accountability works in a very, very favourable way. You know, when I say that I'm going to do something, if I've got one person who is like, I don't know what you're talking about, I think that this sounds a little tricky. I don't think you should do that. I'm not going to get very far. But when I declare to the entire room of quantum shift 2023, that I am going to host an event with 500 people in it, I immediately give myself between 130 and 150. People, like brand new accountability partners, this is so helpful, because if I'm not doing anything, I have people asking me, what's what's up? Like, what is the vibe here? What are you creating? Who are you being so radical self responsibility, and accountability are what really propel you forward when it comes to creating something magic and unique or anything at all, for that matter. And number four, is to celebrate every single step within the process. Celebrate getting off the starting line, celebrate losing to the third fastest person in the world, celebrate the fact that at 50 metres you were cooking on gas, celebrate the fact that now you know that when you run out of steam, you, you find another solution to wash your frickin car, like and you get to celebrate that solution. What I know for sure is that this extraordinary event has and holds so much gold in it for me and for you. And I am excited to continue sharing the unfolding of what happened what went down on that weekend because it was so wildly wildly special. And so with that in mind, I want to say thank you so much for listening, if you were at the event, congratulations well done. If you weren't at the event, I want to say Did you see my social media? Like go and have a look at my highlights. This event was one of the most rocking and most rolling things that I have ever experienced in my lifetime certainly in my lifetime as an entrepreneur and I wildly deeply recommend that you

are at the next event which is happening in September the 29th and 30th and for VIPs 29th 30th And first of October be there in the room in London for infinite receiving live it is going to be incredible. If you're ready to get your ticket please check out the show notes because the link to buy is there. You are amazing.

Thank you for listening and please remember that faith plus action equals miracles
Thank you for listening to infinite receiving with me Suzy Ashworth. I'd love to share with you my infinite receiving activation audio. Go to Suzyashworth.com/activateinfiniteceiving