

## Infinite Receiving Podcast

Title: A Conversation with Sinitta

Ep 35

### Transcript

This is the Infinite Receiving Podcast, helping conscious leaders tap into a wealth of abundance across all areas of your life and business. I'm Suzy Ashworth. And I'll be sharing with you how you can upgrade your reality through Quantum transformation. Because you are ready for Infinite Receiving

I am super, super excited to be having this first live recording of the Infinite Receiving podcast with the one and only Sinitta.

Such an honour such an honour. Do they know our story? Do they know a little bit? Maybe you know that we have the same birthday the exact date, exact date that we've never met, and neither of us have ever met anyone with the same birthday before?

Yeah, each other.

And actually, it was a lovely Jenny, that put me on to the fact that we shared the same birthday. But 19th of October. Yeah. 19th of October. And what I had shared a little bit before is that the reason that I was so excited to find out that we had this mutual connection is because you have trailblaze for me.

Wow. Thank you. Yeah, you were the first person that I saw on TV that had skin that looked like mine. And not just skin that looked like mine. But you were fierce.

Thank you.

We were just looking at the so much Oh, video, you were so full front and centre. And I am curious. Was that real? Like, were you feeling as fierce as you looked?

After the question, do you not? I think I was I think I felt free. I felt like I'm you know, I love what you said that I was the first person you saw because that's where I want it to be. I was kind of like, how can they? Where are the black people on TV? You know, how come? How come there's no one who looks like me. Growing up, that was my age. So to centre to actually be there and to be on Top of the Pops. And in those places. It felt so good. That I don't know if I felt fierce. But I just felt so alive. So excited to be there.

I know that you grew up in a musical family. We are very honoured to have the incredible Miss Brown here, your Mom

Did you always know that you were born to be a musician?

I did. Because I grew up in her dressing room in my mother's dressing room. Backstage, doing backing vocals reciting, like I would sing along to performances like word for word action for action. And I'd say oh, you know, when I grew up, I'm going to be in that show. I'm going to do that. And she'd be like, when you grow up these shows won't exist anymore. You know, but I just I think I just wanted to be her. Just what you know, you do? Don't you want to be your mom? And it was you know, that was her job. And it seemed like so much fun as well.

So what was your journey from being in the dressing rooms? To actually getting your first record deal? Did you like when you speak now you speak with such certainty? It's like, of

course, that's what my mom did. And that's what I was gonna do. But were there any periods in that time where you thought, actually, is this going to happen for me?

Do you know it's really weird because I didn't set out to be probably famous. I just wanted to work, okay. And my mother has such a high work ethic that for me that example was to me success was if I could make a living doing what I love. So I was just seeking to be employed really, you know, and I worked really hard. I worked really hard and I kind of, you know, did crazy things. Like I'd read commercial adverts for, you know, castings and they'd say, you know, stunning teenager, you know, female teenager wanted, and I tell her that and she said you should go for that. And I'm like, Yeah, but they said that well, you are stunning. Now you'd be like, but you know, the doubt that I was what anyone was looking for. That's what I had. I didn't ever doubt that I could deliver the job, but it's just, well they want me and I turn up to these auditions and you'd see the directors and casting people visibly squirming. Thinking? Did you get, you know, whispering and everything? And then I do my little performance? And you could see them something. She's actually good. I mean, you know, maybe cut someone's could that be played by blackout? Oh, who sent you what I sent myself? Oh, okay, that explains it. Well, we've been thinking about it that maybe the role of so and so could be played by someone like you, because we're not going to say a black girl. And I'd be like, really? So I kind of had to go against the grain a bit show up where I wasn't expected. And then people would think, Oh, no, why not?

How many times did people say? Actually? No.

I mean, there were probably more nose. There were probably more nose. But I think at that age of so resilient, okay, and you just keep going. You just keep going. And you keep going. There were a lot of, you know, maybe next time, you know, come back next time, that kind of thing. But, you know, I just kind of followed the yeses. Just follow the yeses.

So you got your first record deal. What age? Oh, Gosh,

gosh, hands us. So the first time I record companies expressed interest, I was about 11 or 12. Okay. And I was given actually, Mahalia Jackson albums. And Steve Rowland was sort of saying, Look, you know, learn these songs and try to sing like this. But then I ended up signing to a record company called I want to say pi. And I signed with that company. And I did like some soul sort of lovers rock sort of tracks that were nice. But at the same time, I was watching Madonna and just thinking she seems to be having a lot more fun. Say, you know, can I think? No, no, no, no, because you've got that sweet sort of tone, you should be singing love as well, like this. And I was like, I want to sing songs like Madonna. I met the very young Simon Cowell, who just been hired as the a&r man for an independent record label. They had no money, no hits no artist yet. And I was like, you know, I'll sign with you. Because there were a few labels kind of circling me up, you kind of become a kid that they're watching. Everyone was kind of watching and interested. And I chose him. Because I said, What can I sing pop because I want to have fun. I don't want to think about, although heartbreak. I still did, but I didn't want to think about heartbreak and despair and stuff. I wanted to be one of the happy people on TV. And he was like, if you sign with me, you can see what you want.

So you signed? And would you say that the rest is history from that moment?

Yeah, I've kind of because that kind of when someone believes in you, and is prepared to put their money, where you know where their mouth is, and, and just back you all the way. It's an amazing feeling because it really releases you, you know, and even down to what am I going to wear and all of this that'd be people stylists, and this, that and the other and he will go to slide away, which he wants to wear, you know, she looks like a pop star. Because in the 80s You didn't have money, we didn't have money, like the young people that you didn't have

disposable fashion like you have now you can get amazing dresses and stuff for like 15 pounds. Nobody had any money. Everybody bought the same things from the army surplus store. But what we did is we customised everything to make it look different. And you know, he bought? Well, she looks like this is what kids do. So put her out looking like that kids will get it. So all the Mad fashion where people go, you were such crazy things. It was kind of like that's, that's what I could afford. Yeah. Yeah, it sounds like when you talk about it, it sounds like you were just having loads of fun. And getting paid and getting paid. Really I just get you know, I can remember the first time being given lots of money after touring around, used to have to go to every radio station. Back in the day, there wasn't this global radio, every city had its own, you know, fire came or this or that sort of local radio thing. So Simon out would be in my little mini driving around taking our records to try and get them to play it. And then I do pas and clubs. So I do like similar here. It's and only had one song so I'd sing my one song when you got paid. I didn't realise that I was getting paid. And one day the driver kind of went I said, Well, you know, could we go shopping because I've seen some shoes. I think it was coming on board the store was Sasha or something. And I really liked those pink shoes. You know, could we get those? And he looked at me and he was like well yeah, there's loads of money in the boots are yours. Oh my gosh. You know, so just even that the concept of like having money and just doing it was it was great. I'm not gonna lie. It was a good time. Were you Simon's main artist at that time because the what was his only his only art? Yeah, because it sounds like that's where you forged the closeness. Yeah. And that's how he learned the business and In fact, I was kind of leading him a lot because my mother had had an amazing musical career, you know, international, you know, hits, and I'd been on the club circuit and all the places TV shows with her. So I knew the DJs I knew the gay clouds and yet DJs in the gay clubs, so it's like if we could get in Levine. You know, he produced my mom's record, so he might play our record. Okay. I'd be kind of, you know, showing him the way really, this is a familiar theme, because when we were in the greenroom earlier on, you were talking, we were talking about Kylie because you came from the period of Kylie, Jason Rick, Ashley, like it was the hitmakers machines, and you were the guys making the hits. And you said something very interesting about Kylie. Yeah. Because people used to always be like, you know, she's just like a black copy of Kylie Minogue. But actually, before I signed to Stockton Waterman, I had to Metro out the following year, I should be so lucky came out. And the conversation had been what have you seen this kid Sinitta? If there was, can you imagine if we could find a little blonde girl like that? Yeah, Carly was that go? So Carly was actually a white Sunita. I love that, I think is interesting because the perception of you in the media is very different from which I know happens with a lot of people who are in the public eye. But it's so interesting to hear you say I was the one leading Simon. I was the one before Kylie, how does that sit with you? Now when people don't necessarily have that understanding or that knowledge? And I'll probably want to use the word respect for what you were doing at that time? Ah, well, it's kind of I tell you, What's difficult is when it's things like, what I loved. When you wrote to me about about us doing this, as you know, you were a little girl who saw that blackface on TV and resonated with that. And that's what I really was trying to do. So I had difficulties like, you know, some of the black community who actually saw me as a sellout person, or someone who was trying to be white, because of the choice of music. And that was hard, because it was like, No, I'm trying to, I'm trying to be in there. I'm trying to

represent I'm trying to bring happy pop music to little black kids as well. And why can't we have happy music? You know, Mike, I remember being in Detroit when I was little in my grandparents used to listen to blues. And it was Oh, my wife left me. I'm gonna kill myself. You know, please don't make me to see, you know, stuff like that. So I thought I was doing a good thing. So that hurt. Yeah, I must admit. And actually recently, I did a show called celebs go dating here. And they sent me on a date with this gorgeous black man. And he was strange. And it didn't. It didn't. It didn't kind of it was strange, because it just didn't happen. And but actually, it brought it up. It triggered me because I actually thought, oh, you know what, because he was talking about how he, he does a lot of stuff with restaurant and Buster fairings, and he's very sort of embedded in the black community and the community work he does and everything. And so when he was being really evasive, I was like, I get it. You know what I mean? I'm not black enough. Yeah, it's how I took it. Yeah. And it was surprising, because I didn't realise that I was still carrying a bit of a bit of that. And sometimes it's just annoying, because people are like, ah, you know, what do you know? And it's like, gosh, you know, I've been around for a long time. I've really done the graft, you know, I did the classes, I've done the lessons, I've done tonnes of western theatre and films and acting and drama. And I've, you know, I'm actually quite a skilled performer who's really learned my craft, because my mother told me, Well, if you're going to do this, you're going to have to really learn how to do this because it's a tough industry. And you don't want to be a flash in the pan. Well, it's like my fourth decade. I mean, I'm still I'm still you're still here and I'm in the front row like. Like, it is incredible. I sometimes talk about the fact that my desire is to create a legacy that touches people who will never ever know my name. And that is what you have done because you were a permission slip. I didn't know it at the time. But you are a permission slip for me, because I really relate to that idea of of course, people have said no to me so many times. But I just followed the assets. You know, I just followed the yeses. My kids will do that, because you did that first. You know? Yeah, I love that. And that, for me is so powerful. Thank you so much. Thank you. The thing that strikes me about you and everybody that I have spoken to who knows you is that you are a happy human being. And for me, that's the biggest and the best measure of success. And I wonder, talk to me about your journey to happiness is a big thing. But I'm curious, like, what is it now that brings you so much joy?

Wow, so much to do you know, what, it's, it's gonna sound a bit corny, but I think it's years and experience and good times and bad times that actually, you realise that just being appreciative. You know, at this, I have so much to be grateful for, you know, and I am a spiritual woman, you know, I love God. So, you know, there is that too, but that realisation that wow, I'm healthy. While I'm still here. Wow, my mom is here. Well, I have people in my life who love me, you know, I, I eat well, I sleep well at night. I you know what I mean? There's just the basic things that are so huge. And those are the things that are important. Because you spend, you're used like chasing money chasing other people's approval, trying to fit in trying to fit places where you don't fit all those things. And then you kind of arrive at a place where society has told us you're meant it's meant to be finished. Actually, it's like this landing pad of like, wow, I'm allowed to just be who I am and be happy and I'm entitled to be happy. Yeah, yeah.

Was there a, you know, people say Life begins at 40 Life begins at 50. You know, was there a point where you just where it landed? Or is it just over time, you gave less of a shit about what other people thought?

Should have? It's really funny, because I sort of care. Yeah, but it doesn't penetrate my soul. Okay. You know, the disapproval, whether it's a look, whether it's a comment, whether it's an

article, yeah, it's I you kind of understand that actually, in the grand scheme of things. Nobody actually really cares. Even the people that are saying those things, they don't actually really care. They don't actually really mean, it's that big. In the grand scheme of things. Yeah. So it's like your perspective kind of shifts. I think it's been gradual. I think I'm a very hypersensitive person. So I really needed to get to this place. Because I think I have, I was wounded a lot by things. You know, I mean, like, reading the news of the World, funny. Ageing myself, again, newspaper that doesn't exist anymore. But they used to be the Sunday paper that was the news of the world that would do crazy headlines. I was leading worship in my church. And I had to get to church one morning with a headline saying, insatiable Sunita has sex seven times a night with Simon Cowell, something like that front page. And it was on the sort of placards outside the news agents and everything as well. And then we were driving into church thinking, How do I stand on the platform? Yeah. You know, with that, there, now, it would just, it wouldn't affect me or what not want to come out of my house for days, because you think everybody's talking about you know what they're not? Yeah. So there's kind of like, a bit of Get over yourself, as well. Nobody's talking about you. Nobody cares. We should chip paper tomorrow. Yeah. Don't let it bring you down. How did you get on the lectern? That time today? How did you get up and speak that time? I mean, you know, covered in shame, covering shame and guilt and and then it wasn't true. And it was just a stupid headline. And, you know, I kind of had to just close my eyes, just like God, I know, you know, you see me and I had to just really, I think it made my faith so strong because there's a lot of times when you do have to just you know, just deal with it. Just take it and keep going. But every time you do that, you're kind of like oh my gosh, god, you're so faithful because I'm through that and I'm through this and, and the more you keep getting through things, you kind of realise you know what, God has got me? I don't need to worry sweat these stupid little things. Yeah.

With Simon Cowell the love of your life.

Yes, he was yeah, he was because he was you know, he was the first person that I think I actually really fell in love with. And you know, we went through so much together you know, to go from, you know, him driving my little mini and in my little Council flat at, you know, and us learning the business together to, you know, suddenly we're on private jet laughing our heads off going, oh my god, you know, how is this happening to us? So it's just, you know, and then of course, for him to then have his career when he hit his 40s. So then we would like doing it all over again. I mean, thinking, how have you managed without any talent to be the biggest star in the world or even Obama is going, Oh, everybody wants to be Simon, like, even the President knows who you are? Yeah, it was, you know, again, really, really fun because Simon knows how to have fun. And he has that sense of, I think when you've done that journey, you've grown up together. That means a lot because that's, that's what you want. You want to create memories, and, you know, and kind of encourage each other. Yeah, you're still in each other's lives now, which is beautiful. How did you deal with when you were no longer the love of each other's lives? Like the separation? What was that story?

Well, I was crazy. I think, publicly crazy, like no shame. But I think, you know, there's so many things in life, that don't prepare you for things that happen to you. And nobody prepares you for what happens when your heart is broken. You know, you listen, what do you do sit, sit and listen to sad songs. You know, and it's hard. And also because it was so public. So I think I've, you know, pride, I felt humiliated on top of all of that, as well. So everybody knows that I got dumped for the 20 years younger, kind of thing. So yeah, I think I was a bit messy. But, you know, again, you got to still get up, get dressed, get out there. And, and deal with it, and it got tougher doesn't make you stronger. And for me, I just didn't, I

didn't want to become bitter because I thought, but I thought better man, angry, hard, tough, cold hearted person, I'm never gonna love again, I hate man, all of this. And so I didn't do that. And I wanted to keep a soft heart. But I realised that actually, bitterness is actually even when you're, when it's still playing over and over in your mind, because I was haunted. I was genuinely haunted by the whole thing. I just be getting replays. And I'd be waking up at night and, you know, crazy stuff, because it's, it's steep, isn't it? Like some, some cuts are very deep. But I think our friendship and love for each other, the fact that that endured, so it gets to a point where you're like, you know what, you idiot, I actually want you to be happy. And he's happy, and he has this beautiful child, and the child is actually my God, God's Son, you know, so, you know, he's godfather to my children. So, you know, you kind of weather through. And again, I think it's kind of strengthened, even the bond and the friendship because you kind of learn to love unconditionally. Yes. Another level. Yeah.

At what point were you able to say, Okay, I'm letting it go. And I'm gonna let something new come through, or something old come through.

I'm okay. I'm gonna admit it took a while. Took a while, because I was just not that I was just numb, you know, and I think I just didn't really want anything or anyone because I decided when I was, you know, 16 years old, I'll grow up and marry Simon. Yes, he's going to be crazy will date other people, but ultimately, you know, this is it. So I thought that was going to happen. So it took a while to come to terms with, but then you kind of wake up one day, and you're like, I'm actually ready to share my life with someone. And, you know, I started go on these dating apps, which was crazy. I got kicked off of hinge because they thought I was a fake. And I was talking to like, five really nice guys.

And then I did the dating, the dating show, the celebrity party, which like I said, was a disaster. Like, none of the guys were really right for me, but I kind of thought I've agreed to do it. So I'm gonna have an open mind and an open heart. And I went on the dates. You know, I think you can have instant attraction. So I didn't have instant attraction, probably to Daniel, the black guy was telling me, but I was kind of wondering why they've picked me up with this chat, because he's not my type at all. But then I talked to them and sort of get talking and I sort of thought, wow, you know, I've still got quite a lot of immaturity where I'm like, you know, he's gotta be something. And it's like, actually, what you really want is a decent kind. Fun, you know, God loving generous, sexy man, and all those other things. Just just, like, you know what I mean? That kind of what in my head of what I thought?

And also they need to have a vision. Oh, he definitely has

a yeah, a lot of vision. He has to be my best friend. Yeah. Cuz I like people that I know.

Yeah. So that's what's hard about dating because normally, like when you're growing up, it's someone that was around or at school or something like that. I never just went on dates with random strangers, see if we can have a relationship. So it was kind of weird like that. Like, hi, she will Oh, is this gonna work? But I kind of learned what I was looking for. I do want and, and that's when you realise oh, wait a minute. I'm on a different. I'm in a different place now. Yeah, yeah.

So you might have found somebody that you'd like a little bit?

Well, I might have found somebody. Yeah, I mean, I've made friends with someone for actually over a year ago, okay. And such a lovely person was so lovely. Didn't think that he was for me that I was even introducing him to all my best friends. Like, you've gotta meet this guy. He's

I know, it's trying to set him up with my with with the two of my friends that are here tonight. would have set him up with my mother. My mother would have him do that. But yeah, only to

sort of realise that actually. You know what? Oh, my gosh, I've done it again. I've I've created or entered into an amazing friendship with someone that I can fall in love with. Yeah. Amen. Amazing. So I'd love to go back a bit. Because for me when I'm thinking about dating, I'm also thinking about the kids and the relationship that I have with the kids and the relationship that they might have with my kids. Yeah, but your kids now are significantly older. Yeah. And I would love to just talk about you adopted your children. Yeah. And I would love to hear about that journey. Because for me, that is so special. To be able to love adopted as well, I was fostered for long term Foster is essentially like adoption. And so to be able to, I've had the experience of people who are not my blind, loving me the way that everybody else loves their kids. And I think that that is having been a stepmom as well. It's hot. And so hard. I think that it's hard to take on other people's children. Yeah, yeah. And so I'm really interested to hear your experience and why you went down that route.

Okay. Because it's funny, you said that because I think I didn't find out how I did marry years ago as well. And my husband had two children from his first marriage, who I adored and still adore, but they have big adults now. I wasn't really setting out to that I was always going to I thought I'd have one child and adopt one chance always wanted to adopt at some point. I didn't know why it was just something something in me. But I never had issues when I always I think because my mother and I was such a small little family. It's just us. So she was always had an open house, lots of friends that we treated and felt were like family. So it was like that for me. But I'm still very much involved with the fostering adoption agencies. And I always say, to me that love is thicker than blood. Because sometimes biological families don't get along. You know, frequently there's a you know, it's not always amazing, just because of that, but I think there's something about choosing Yeah, being chosen. That is beautiful. It's like falling in love, isn't it?

Yeah, I was chosen. And that meant the world to me. So it's such a gift that you went down that route.

And they are gorgeous. You see them. I have people that I look up to which is daunting. But they are they're out there their own people. Yeah, it's very, it's very different because they've grown up with social media with that, you know, they have a very different outlook to to me in life. So you kind of learned through them. But actually, my son's foster mother's here as well. So you know what I mean? These every it takes They say it takes a village and the village doesn't have to be all in one. one place. It's the heart of the village really, isn't it?

How have you navigated that piece being a mum where there's lots of different outside influences, they have social media there feels like for me, my biggest fear with my kids is that they, it's even easier to lose a sense of self when you're in constant comparison, when you're constantly wanting to keep up with the Joneses. And you don't even understand what that means. Because you were literally born looking at the Joneses and thinking how am I the same How am I different your

life there? The whole culture is about comparison. Yeah. Well, I mean, I've had everything. My daughter's come through it now. But my daughter's been. I think she was bisexual. She was transsexual, like, every two weeks, she would come back and she was something else. And I was like, having to just roll with it. Yeah, she was like, you know, but you're your godmother of pride. So it's fine, right? Because I think I want to be known as him now. And I'm thinking you are so girly. I'm not gonna say anything. Okay, so what we're gonna do, and of course, my son's girl, yeah, let's call it Alfred then. And I'm like, stop. Like, we've got to take this seriously. Okay, Fred, then I know, like, Stop, you know, so and so we treated her like that my mother, we went with it. And then within a few weeks, yes, she wasn't that. But it's because there's so many options being offered. And I think we, it's hard because we do

need to be there. We do need to support and be inclusive. But I do think it's hard for kids because the when they're trying to find themselves, it used to just be, you know, do I like football? Do I like cricket that now it's like, am I? Am I transferring Mi Mi sis? And they're asking themselves all these questions that I don't think they naturally would unless you genuinely had a sexual difference, or preference.

What I hear is that you chose acceptance, acceptance and love, acceptance and love acceptance. And that's all

you that's all you can do. Because you don't know when it's, you don't know when it's real or not. So you have to, you have to take it seriously. Because you know, you don't want to be the mother that has a suicide or something because you didn't understand or you weren't there you didn't support. But I do think that a lot of those questions wouldn't be there. If society wasn't the way it is now. And I'm not saying society's wrong, but I think it's, it's harder for them. Yeah, harder for them.

It's harder for them. And I don't know, maybe your mom would say exactly the same on my mom isn't the same. It's like, whenever there's a new generation, there's a whole new thing that you're dealing with, that you haven't had to deal with. So maybe there'll be saying the same thing. But it's always hard when it's just part of the cycle. Yeah. When we chatted before you were like, I want to talk about sex. And I am curious, how has that changed for you over the year, your relationship to your own sexuality?

Again, I think it's like, and, you know, sex is great when you're an adult, when you're grown up when you know who you are, what you like sexually, and other things. Because I think when you're younger, you're kind of, again, influenced by what you're being told, is sexy, or what you're supposed to be or how it's supposed to be. And there's something about arriving at a place where you're like, I know exactly what I like. Exactly what I need. And you're not afraid to, to ask for what you want. Yeah. It's a very different, it's, again, it's a big mind shift. But it might be personality types. Because I think if you're quite, I think I was quite a lot going to say, I don't mean, well, I'm going to use this word, but you guys would go oh, and I don't mean it like that. I don't mean submissive as in BDSM. Yeah.

I mean, just as probably compliant compliance, where I was very much led by a man. Yeah, as a younger woman.

I think for me, it's been super interesting, since my separation to be able and willing and wanting to go through that journey of exploration. And I've heard over the years when I was a lot younger. Oh, yes, sex as a 40 year old woman is so much better than sex as a 25 year old woman, etc, etc. And I couldn't quite get my head around it. And now I can.

Yeah, yeah, like, I get it.

And now I get it. But I think the biggest opening for me has been about the relationship that I have with myself, because often we're looking to be met But if you can't meet yourself, how can you guide somebody? How can you tell somebody? How can you ask somebody for what it is that you want, if you do if you don't know how to meet yourself, and so much of that journey has been about self exploration, self pleasure and allowing myself to just surrender to me. And that has been a very beautiful journey. And I'm looking forward to that getting better and better and better and better, and better and better.

And then society again, it's different now. I think girls are so much more confident. I mean, I see some stuff. And I'm like, these are just the attitudes. They've got so much attitude and sexual confidence. And, and it's like, okay, maybe it's very, I think, again, it's very different for them. Because I think, you know, I went to a very strict or white, British boarding school, you know, and it was really, really old school standing up for the prefect. And, you know, I had



elocution lessons. That's why I don't still don't have an American accent yet. It's very, sort of rigid and proper. And so, you know, but thankfully, I had my mom at home. So I got sort of a bit of a balance, but this thing of like, oh, this is what I meant to be, but this is what I really am. And trying to, you know, sort of navigate that. But you know, you weren't encouraged to be a sexual creature, when you were younger, or to, to know what you want or two to one anything. Even, you know, it was all you're supposed to be very chaste. And, you know, nice. How old is your daughter?

She is 17. Now

17? Yeah. So do you have these conversations with her?

Unfortunately. She She leads the conversations and I'm like, okay, you know, because again, acceptance and love acceptance and love. Yeah, harm, it's fine. But she's, you know, she's very opinionated. She's very aware. She's very bold, you know, and confident and about all things and she probably enjoys watching me squirm a little bit. Um, you know, and I'm, like, you know, like, we're going to beat her for her birthday for a big birthday. And, you know, it's like, I'm excited. Thought that was a big event. Yeah, the night before we're going, she's like, Oh, can I go to? Can I go to a club with my friends? Because you can't really say no. When I'm 18. Yeah. And I'm like, can't contact my mom, because it doesn't know to me when I was 18. You know, but it's just like, they're gonna they're gonna live their lives. And I just feel like, I've just got to still be me not try to become so modern that I'm not myself. Yeah. So at least she can see from here to there. Yeah. And just try and be here and pray hope she's safe. Hope it's okay. But you can't kind of go You can't do this. You can't do that. You know, like my mom could and still tries to

have you had to mop up any mistakes?

are constantly Yeah, constantly. But it's amazing, though. But kids are so resilient. And I think she's more robust, more resilient than I am. Because she just kind of dust yourself off and keeps going. And I actually I think very young me. I was like that and because you sort of hit challenges. And I think you just keep going, you just keep going. But, of course, there's the mom. We still feel it. She's fine. And I'm still going on. I've got you know, but uh, yeah, we've been we've been through a lot. My mom, my mom and I are kind of the mom and dad. Yeah, in the situation. And yeah, it's rough. Isn't it? really rough. I mean, I just say to people, as much as I always encourage people like to adopt to foster children, you know, but raising kids is hard, especially when you're on your own. Yeah.

So you were married for eight years? Is that right? Yeah.

Well, I would say I was married for five years. And it took two years to get divorced. Yeah. When you got married, did you think that it was for life with him?

I mean, I wanted it to be. I did believe I knew within a year that there was going to be problems. But I, I have this thing where I wanted to marry Christian men. And my ex husband pretended to get saved. And so I had this whole kind of fit. It wasn't a fake relationship. It's actually lovely man. But I think I was very religious at that time more religious than spiritual. Yeah. And so when he toned down thought that after a year was sort of going, Look, all this church stuff I don't really want to do that didn't really get saved. But I do love you and want to be married to you did that. So we'd get married, blah, blah. To me, as an overly religious person at the time, I kind of went, oh my god, Get behind Me, Satan, you've come? You've come to this what what does this mean? And kind of panic, like, Oh, my God. Well, you know, what? So I think once you've lost that, it's but what it was, is it attacked me at the level of trust? Yeah. Because it was kind of like, you know, I was a worship leader, like I got, you can't do this to me. So when things started to sort of unravel, I wasn't surprised. And I was the one who left because I kind of thought, Look, I am not going

to fall, I can't follow you around the world now because I don't trust you. If you say we're moving to Hong Kong, I can't come with you. Because I lose my host support network, I have two little children. Now I'm in Hong Kong with this man who I don't fully trust yet. So that's why I got out. I mean,

I'm curious about how you moved from evolved from overly religious to spiritual, what was the How did that happen life

and also, when you really love God, and you really love people. Like, one of the things that didn't add up for me was, a lot of the church is very anti LGBTQ ally. And you will not welcome in church if you're gay, or lesbian, trans and all these things. And as a kind of gay icon, godmother of pride, it was like, I want my people in church, I want these people in church with me as well. And you just start to realise, wait a minute. So God, so loved the world, and it doesn't say God so loved the world, except the LGBTQI community except the trans community. So I kind of once I started to really challenge that within church, I kind of learn God's heart, rather than what the, the the Old Testament rules because all sin is sin. Is is if same sex relationships are a sin than so sex outside marriage, because those also listed a sense. So we all sense I was lying so as coveting other people's things, so steal, like we all do, we've all done something. But God still loves us. And you can't be religious once you have that, because it's not about the rules. It's about it's not about what we do. It's what Jesus did for us. Once I got that it was a penny dropped. Now I can, you know, actually help heal people and reach people properly. With what we're really supposed to know about God. Instead of okay, you've got to, you know, burn three sheep and eat 15 You know, the old the old testament rules. It's not like that anymore.

What's next for you?

I don't know. Do you know what I just love? Life. I love like I said, I love the fact that I'm still here. It's still healthy. I love working. You know, I love love it. Things are just really good. So I'm just like, wanting more, more, just to be around and keep going. Yeah. What do you want? What do you want next? Apart from your own TV show? Oh, yeah. Well, it's interesting, because I don't really talk about God so much in my teachings, but I was sharing earlier on, like, if everybody knew their greatness, if everybody knew that they were a conduit and a generator of infinite love. You know, if everybody knew that they were fully supported at all times. Yeah.

And godless would glide? Yeah, yes.

And that from that place that we can create and receive anything really by the sky is? Well, one of my mentors says the sky is not even the limit, like it is limitless. Yeah, that would be a different world. It would be a different place. And so for me, my desire is to share that message and the tools for understanding that and living that with as many people as possible. Yeah, you know, that's amazing.

Yeah, that's what that's what we got to do.

Thank you for listening to Infinite Receiving with me Suzy Ashworth. I'd love to share with you my Infinite Receiving activation audio. Go to [Suzyashworth.com/activateinfiniteceiving](http://Suzyashworth.com/activateinfiniteceiving)