

This is the Infinite receiving podcast, helping conscious leaders like you tap into a.

Wealth of abundance across all areas of.

Your life and business. My name is Susie Ashworth.

I am a single mum of three.

And author of the Sunday Times bestselling book infinite receiving. Crack the code to conscious wealth creation and finally manifest your dream life. On this show, I'll be sharing with you how you can upgrade your identity and your reality to create the life that you have been dreaming of. Because you are ready to be an infinite receiver.

Hello, hello, you gorgeous, gorgeous human beings.

It is me, your host, Susie Ashworth, and you are listening to the Infinite.

Receiving podcast, and I am in a contemplative mood today. I don't know how to describe it. It's not that I am not my best. I think it's that I don't quite feel my usual upbeat self. I received some bad news on Monday that one of my very good friends had passed away at the weekend. And I think that whenever we get news like this, it's sobering, right? It reminds us of our own mortality. It makes us question who we have been in the friendship, the relationship. Could we have done more? Could we have been better? And, you know, how am I living my life? How am I living my life right now? If my time was up next week.

Would I be okay with that?

And for me, the answer is no, I wouldn't be okay with it.

Not because I haven't done incredible things.

Like, I've done so many things. I have achieved many goals beyond my wildest dreams, certainly beyond what was forecast for inverted commas, a girl like me. So from an accolade, an accomplishment perspective, yeah, I'm good.

But that is not the measurement of success for me. I used to say when I would.

Introduce my challenges and masterclasses, like, the.

Biggest motivation for me was seeing both.

Of my parents leave this world early and really feeling like, as much as they were good people and they loved my sister and I so much, that.

My interpretation is that neither of them.

Left feeling like, yeah, we've done it. We've done everything that we set out to do.

Like, we really lived this.

We really played this game to its optimum. And saying that was super helpful. It reminded me of my commitment to playing all out. And I'm not sure. Well, I am sure. Even with all of the accomplishments, I know that there is so much more.

Available to me when it comes to.

Playing all out of.

And if were to look at.

That through the lens of infinite receiving, it means that there is a lot.

More work to do when it comes to me opening my heart even more.

Fully, because it's only when we open our heart that we can be truly vulnerable. We can truly say that we are going all in. And so this is a really beautiful segue into today's episode, which is, you know, are you doing your purpose justice? I thought about a couple of different titles, like, is your purpose happy?

Are you living your purpose?

But this is not for people who are not really living their purpose.

Or if you're not living your purpose, you're tired of it.

I wanted to just have the inquiry.

Of, what does it even mean?

What does living your purpose even mean? And the way that I broke this.

Down, Washington, are you doing the thing.

That you were put on this planet to do? I can, with my hand, on my heart, say, I honestly believe that I.

Was born to do this.

I was born to be a coach.

I was born to speak into people's potential. I was born to be the activator.

For people who are ready to experience the next leap, the next level of their existence. Like, this is absolutely what I was.

Put on this planet to do. And how do we know?

Like, how do I know that there isn't something else that I'm even more suited to?

And the real answer to that is, well, I don't actually.

I don't.

However, the way that I feel when.

I do this work, I feel so alive, so excited, so content, so fulfilled, so creative. I don't need to still be searching to see if there is something better. This feels whole and complete and enough when it comes to how I feel when I'm serving.

So for those of you who are like, oh, I don't know if you're.

Questioning whether you are living your purpose or not, you are not know that this is unquestionable. It is undeniable.

How you are likely to be feeling.

If you are not in that position is maybe some frustration.

You feel a little frustrated.

Potentially, you are being triggered.

I say potentially, but probably left, right.

And center get triggered by people who are living their life, who are showing off, who are always going on about how happy they are, how amazing their relationship is or whatever, but you're feeling triggered.

You might already be at the phase where you recognize, like, I'm envious of this person.

I'm jealous of that person and what they have, not because I want what they have, but because I want to have what I want to have. I want to feel that free. I want to feel that liberated.

I want to feel a certain kind of way. And I see them displaying that and I'm jealous of that.

I feel envious of that.

Maybe it's not jealousy or envy you feel, maybe it's apathy.

Like when you wake up in the.

Morning, it's like flatline. Also numbness.

Like there is no joy, or there is no, you know, peak experience. When I think about what it is.

That I do, or when I'm doing.

What it is that I do, I'm just doing it.

If any of those things feel familiar, you're not living your purpose, because your purpose isn't supposed to feel like that.

Now the next question gets to be, is it enough solely living your purpose? And I would say that, like, level one.

Yeah, of course it is. I could.

With a few tweaks to, like, systems.

And process, I could continue the way.

That I'm living for the rest of my life.

And it'd be good if that was enough for me. But the truth is that sometimes there is still a feeling of frustration, sometimes there is still a feeling of being.

Triggered, sometimes there is still envy, apathy, not necessarily numbness.

Speaking more generally, if yourself are.

Experiencing any of those emotions, and yet when you're doing your work, you love it so much, but you still sometimes feel that frustration, feel triggered. I would argue that the question that you have to answer is, am I stretching myself? Am I stretching my capacity for greatness when it comes to honouring my purpose to the fullest potential that I am supposed to express in this lifetime? I mean, that's a very long way of saying, like, I'm doing it, but is my soul asking me to do it more?

Is my soul asking me to impact more?

Am I irritated because I know that there's so much more of me that I want to share in this capacity? The answer to that question, and being able to say yes to that question, is, what will set you apart from 99% of all of the other people in this universe?

I know that is a bold.

Thing to say, and that is what.

Sets the 1% apart.

The 1% are saying, there is more in me, there is more desire, there is more fire, there is more yearning. I want to be of service to so many more people.

I want to solve so much bigger problems. You know, they are saying, sometimes directly.

Other times indirectly, I desire to be.

One of the greats. I desire to leave a legacy that is going to impact generations and generations of people to come. That's not normal.

But as I contemplate my life and the way that I'm living it.

I know that part of the frustration.

I feel with myself is that there is another level of this game that is asking to be activated. That level is the world class level.

Most people are hardwired for just enough.

They're hardwired for survival.

They will play. And you see this, when the chips are down. When the chips are down, they stop.

Looking wider, bigger, higher, more expansive.

What do I just need to do.

In order to survive? And they stay there, they stay in that mentality.

Or, you know, something happens, they get.

Knocked off centre and they revert back to survival mode and mediocrity.

I say this not to be insulting or not to make anybody feel bad about themselves.

I'm saying this as a call in. This is a call in, a shout out for people who are ready to acknowledge that they know that their soul is calling them for another level of impact of experience and they are tired of trying to ignore it.

Most people ignore it. They feel the frustration, they feel the apathy.

They move into numbness. They stop operating in any way, shape.

Or form that is going to support.

Them in creating the legacy that they were born to make, but will never fulfill. Because the discomfort of moving into that next level is too much. So this isn't the most like exciting.

And uplifting invitation, because what I'm saying is to be the 1% takes intention.

It takes some grit. It takes being willing to operate in your growth zone over a sustained period of time.

The way that I'm looking at this.

Is that I desire to do that in my personal life, with my children, you know, with the next love of.

My life, whoever that will be. And in my business, with my clients, even that in and of itself, many people will say serious, it's just too much.

Too much for you.

Too much for whom? Not too much for me.

Because actually it's not about the achieving of anything. It's not, I will be a better.

Person if I achieve these things, whatever.

These things might be.

The game is who I am becoming.

On the way to claiming my fullest potential. That's what's exciting to me, that's what I'm curious about. That's where I get to see, like.

How far can we take this? So if that speaks to you.

Get to pick big goals, not for the achieving of big goals, but for who you become on the way to creating those goals.

Whether you fail or succeed, the person who is going for those big, hairy.

Scary, intensive situations, the milestones that you cross every single time you go bigger.

That in and of itself is worth it.

Because who you have to become in order to cross those milestones is extraordinary.

That's the game. That's the game that I desire to play. That's the game that on my deathbed.

I get to say, I did it. I lived it, I went for it, I tried it, I won some, I learned some, and I lived a freaking lot.

Who wants to play that game with me?

Because you are invited, literally, at the time you will be hearing this episode.

We will have actually done day one of the world class coach series. If you haven't already signed up, sign.

Up for it, catch the replay, and then join us for days two, three and four. I know that in order for you to create a sustainable, profitable, impactful business.

Operating at world class level isn't an option. It's a decision. And then it's a set of behaviors that you are willing to take consistently over time.

I want us to get really clear.

On what that decision is and what those behaviors are.

This is what I will be breaking.

Down in the world class coach series. If you are part of the 1%.

If you are abnormal, if you are excited about flying that freak flag, then.

You should join us. And you can do that by just.

Going to susyashworth.com worldclasscoach okay, if this.

Episode has been activating for you, if.

You've enjoyed it, please let me know on instagram. I really appreciate it when you tag.

Me in your posts.

And what would really bring me so.

Much joy is for you to share this with at least one person.

One person who is either living their purpose when you know they could be leaning in even more, or somebody who.

Just needs to hear this message. That would be amazing. And in the meantime, please remember that.

Faith plus action equals miracles.

Thank you for listening to infinite receiving with me, Suzie Ashworth I'd love to share with you my infinite receiving activation audio. Go to susyashworth.com. Activateinfiniteceiving.