

Is Anybody Listening?

Transcript

00:00

Foreign.

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This is the Infinite Receiving podcast. Helping conscious leaders like you tap into a wealth of abundance across all areas of your life and business. My name is Suzy Ashworth. I am a single mum of three and author of the Sunday Times best selling book Infinite Receiving. Crack the code to conscious wealth creation and finally manifest your dream life. On this show, I'll be sharing with you how you can upgrade your identity and your reality to create the life that you have been dreaming of. Because you are ready to be an infinite receiver.

00:49

Hello, hello you gorgeous, gorgeous human beings. It is Suzy Ashworth here and you are listening to the Infinite Receiving podcast. I have a little secret to let you in on. I think I was recording for at least six minutes before starting this episode. Without my headphones on, without the microphone turned on. I'm a hot mess right now. And what is ironic is that the theme for today's episode is anybody listening? This is a question that comes up explicitly and non explicitly all of the time in my world and with my students. This sense of does it really matter? Like, you're asking me to message, you're asking me to share my thoughts, my opinions, my lessons on Facebook, on LinkedIn, on whatever platform is that you are choosing at any given time. And is anybody even listening?

01:56

And I'm not gonna lie, sometimes I feel like that. Sometimes I feel like I am shouting into the abyss and there is no one hearing me. And as I say that out loud, I know how ridiculous that sounds weird. Because you're listening

to me right now and I share it. Because I want you to know that if you are not vigilant, the lies that keep people playing a much smaller game will present themselves at every single level, without any shadow of a doubt. When you see somebody celebrating, oh, I've got a thousand people into this, or I've just had a hundred people into that, or I've just made a million. I've just done this, I've just done that. There's a sense of people are listening to that person, but nobody is listening to me.

02:49

I want to remind you, and if you're new to my world, then invite you to really hear me when I say that the first person that has to listen to you, the first person that it matters when it comes to listening to you, is yourself. You have to decide that what it is that you are saying, what it is that you stand for, what it is that you want to create, your mission, your vision, where it is that you are going, who it is that you are becoming, you have to decide that is important. And you have to show up like your voice is the only voice that matters. And it's amazing because you're listening like you're listening to yourself. And then you're showing up in accordance and in alignment with the decisions that you have made.

03:57

About the fact that your message is worthy and deserving. About the fact that even now, as a 40 year old, 42, 44, 45, 46, however old you are, you've decided that even though it might look like you're about to blow everything up and walk the path less traveled, that is important. And even if other people don't get it doesn't matter. Even if they don't understand, you're no longer seeking to be understood by them. You just have to understand yourself. You know, And I kind of laugh at that because even that can feel bloody complex. Why am I doing this thing? Why am I so driven? Why is it that I desire more? Because you were built for it. Is it allowed to be that simple? Yeah, because you know that your potential is ever evolving and growing and expanding.

05:00

Is that allowed to be true? Hell yes, it is allowed to be true, because it is true. I watched the Truman show last night for the first time in years and it was so wild to me that it's 25 years old. It is 25 years old. In fact, it's not 25 years old. I think it's 27 years now and it still stands up. And if you have not seen the Truman show, like jump on it. In short, it is a story about a man who has lived his entire life in a constructed reality TV show. And he connects with and a woman who is one of the cast members who has feelings for him and he has feelings for her. There's this love connection. And he manages to take her on a date and she tells him everything. She says, look, this isn't real.

06:04

There's a real world out there. This is not real. And that sentiment stays with him up until she is taken away. His whole life has been created essentially within a single town. And because it's constructed, everything there is to support him staying stuck and not even realizing it. Stuck in his contentment. I say contentment inverted commas. But there is something bigger within him that says this isn't right. And he tries to speak to his wife about it, and his wife doesn't listen. And he tries to speak to his best friend about it, and his best friend doesn't listen. Nobody is listening to him, but he doesn't need anybody to listen to him because he makes the decision to listen to himself.

07:02

And what's wild about the film is that in the desire to have the outside world validate his experience, if he had continued on that track, he would have gone mad, because everything was set up to keep him in comfort, keep him in safety, keep him in the show. That film was made 27 years ago, really, before reality TV had taken off. It was such an interesting concept back then and arguably ahead of its time. And the reason that it stands up so well is how many people desire to live their life from within the show,

both metaphorically and actually. Being a reality TV star is an aspiration for many young people nowadays, even though it's constructed reality. And then there is the staying within the comfort zone, living life the way that most people live life.

08:16

And when some of us have the itch to wake up and do things differently, when we try to convey that people think that we are crazy, why would you want to put yourself out on a limb? Why would you want to leave your job? Why would you want to set up a new project? Why, when you're doing so well at what it is that you are doing, would you want to try and do something else? And then when we listen, and particularly from the frame of choosing to then start a business, we question ourselves all of the time. Because I think it takes time, authenticity, a willingness to strip away the layers, to speak with an honesty that people cannot ignore. It takes time to get there. And it's so easy to get lost in the. Should. Should it be like this?

09:11

Should it be like that? How similar to you can I get? How similar to everybody else who seems successful can I get? And when you get into that mindset, you stop listening to yourself again. And so this is. It's like a maze is a complicated game where it is very easy to get lost in the noise. To the extent that you're no longer listening to yourself. I want you to really hear me when I say that. It is such an incredible sign when you start asking yourself, is anybody listening to me? Why is no one listening to me? That sentence is your sign that you have stopped listening to yourself. And it is time to redress the balance. It is time to start listening and like Truman does, take action in alignment with what it is that you are hearing.

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So if you were waiting for a sign, not only do you have it in this podcast, but really look out for yourself when you start to question whether people are listening, care about what it is that you have to say that is the biggest sign

of all that there is a huge opportunity for you. So with that being said, short but sweet today, I love you. You are amazing. If this was valuable, please share it. Help other people hear this message. Share it on your Instagram. Tag me. Let me know if this has been meaningful and helpful to you. I would deeply appreciate it. And in the meantime, please remember that Faith = Action = Miracles.

10:59

Thank you for listening to Infinite Receiving with me, Suzy Ashworth. I'd love to share with you my Infinite Receiving activation audio. Go to suzyashworth.com/activateinfinitereceiving.